

Mobberley “Round The Runway” Race – Tuesday July 4th 7.00pm Start

RUNNER’S GUIDE

The Race

A 5 mile multi-terrain race on the quiet lanes, tracks and trails surrounding Manchester Airport runway 2. The terrain varies from grassy and muddy path to hard tarmac but is mostly good going on quiet roads and surfaced trail. The route includes the iconic Bollin River Tunnel. The race distance is approximately 5 miles but the terrain does not permit the accurate measurement required for a UKA distance certificate. We run around and under the runway – so expect some airline puns.

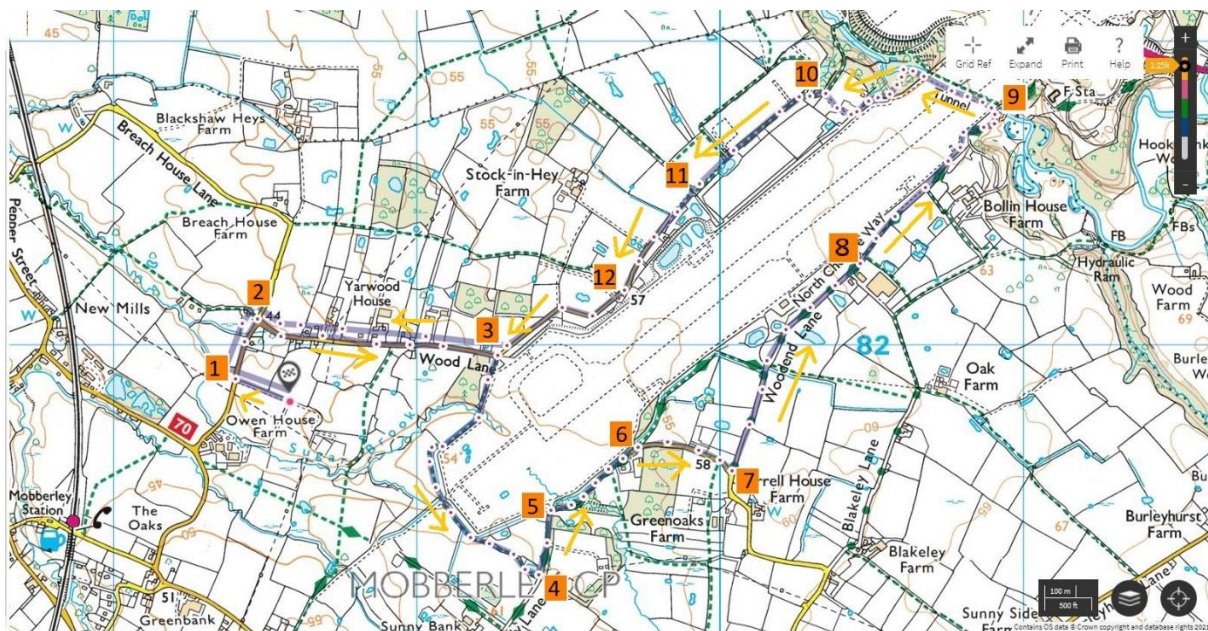
After rain there will be muddy puddles and some slippery sections so please take care to avoid crash landings.

The route will be marked with red/white tape and signs. Marshals will direct you at key junctions.

The race is chip timed.

Route map trace at: <https://www.strava.com/activities/536849976>

The race is organised by Wilmslow Running Club with all the proceeds going directly to charities – this year Motor Neurone Disease Association Manchester & District.. The race is sponsored by RunNorthWest.

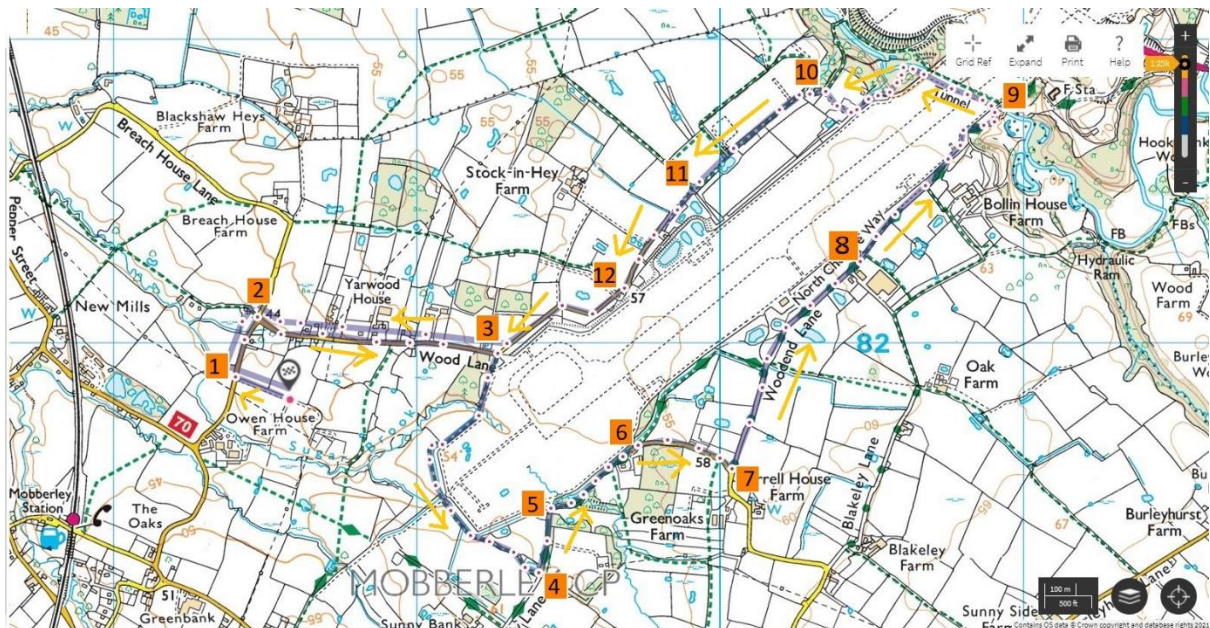


NO ENTRIES/TRANSFERS ON THE NIGHT

Transfer or Cancel Your Entry

If you can no longer run and wish to transfer your entry to a friend then you should use the entry system at <https://www.niftyentries.com/>. Transfers are £3 and available until 1 day before the race. The platform will also allow you to cancel your entry and receive an 80% refund until 7 days before the race. The charges cover our costs from the platform and credit card transactions.

Race HQ, Parking and Start Area Maps



THIS YEAR REGISTRATION AND NUMBER COLLECTION IS AGAIN AT THE START AREA ON THE FARM TRACK OFF WOOD LANE.

There is ample parking on the field adjacent to the start/finish at Owen House Farm and further spaces at the Owen House Wedding Barn.

You may also park on the left side of Station Road near Moberley Station. This is a 10 minute walk from the start convenient if you are going to the Station pub later.

PLEASE DO NOT PARK on the course or other surrounding roads.

Getting Here

Number collection is from the Start Area off Wood Lane, Mobberley WA16 7NY.

Bike

Well, yes why not, it's a lovely ride out? You can lock up to fence near the start at your own risk.

Train

There is a decent evening train service direct to Mobberley Station (from Manchester / Stockport / Sale / Altrincham / Chester). The station is next to the Railway Inn and there is a footpath across fields towards the start area.

You should allow for a 15 minute walk from the Station. Cross the railway line (away from pub) then it is best to follow the footpath across the fields to Small Lane then right to Wood Lane. It is also possible to walk down Small Lane but there is traffic and no pavement on this road.

Parking

Please, please share lifts. Parking is the main restriction on our numbers and is particularly limited after wet weather. It will be more relaxed if you arrive by 6.00pm. If you are part of a team then please arrange to share lifts between you and/or use the train.

In dry conditions there is sufficient parking on the field adjacent to the start/finish at Owen House Farm and further spaces at the Owen House Wedding Barn. DO NOT PARK on surrounding roads.

Head for the start and marshals in hi-viz will direct you to the nearest available parking.

Most of the surrounding roads are unrestricted but too narrow for safe parking. Please ensure that you don't block any roads, gates or driveways or park in a manner that is likely to annoy local residents (some of whom are supportive of our event). Don't park on the race route and remember that emergency services need a clear access route for us and the community.

Safety Briefing

Be aware that the roads are open to traffic. Most are quiet lanes but there may be some local traffic. Run on the left hand side of the road as far as possible. A lead bike will guide you on the initial road section. UKA rules stipulate that headphones must not be used on races where roads are open to traffic and this rule will be enforced. Please take care on slippery sections, over stiles and through narrow gaps.

First Aid is provided by Event Medical Team who will be primarily available in the start / finish area. If you encounter an ill or injured runner then please report to the nearest marshal. Please obey all marshal's instructions and report any incidents to them. If you pull out of the race, please inform a marshal - give them your name and race number – so that we do not send out a search party! There will be a sweep runner.

Check-in

You must collect your race number from REGISTRATION in the START AREA which is open from 6.00pm. Your number should be pinned to the front of your vest and will identify you at the finish. Please complete the medical and ICE info on the back of your number.

Free Hold Baggage

You may leave kit bags near the start but please be aware that we can't be responsible for your kit or valuables. If you park in the field you can leave stuff in your car.

Take Off

The start is at 7.00pm on the farm road Owen House Farm off Wood Lane (see map).

There are portaloos at the start / finish.

You may leave bags and lock bikes close to the start area. There will be marshals in this area during the race but we can't be responsible for valuables or keeping your stuff dry should it rain.

The start / finish straight is a private road and is ideal for your warm up strides.

No Frills

The race is cheap as chips to enter and all the proceeds go to charity. We keep costs to a minimum so there is no goodie bag, medal etc. just the warm glow of having taken part in a great little race.

Please bring your own water and snacks. We have invited the Coffee Pod to be serving drinks and cakes (contactless payment).

Landing

Easy - the finish is in the same place as the start.

There will be water – one bottle each – please take the empty home for recycling. Even better bring your own water to avoid the plastic.

Crash Landing

Hopefully not required but first aid is provided by Events Medical Team in the start area.

Holiday Snaps

Jan-Christof Telford will be taking photos out on the course. The photos will be online a couple of days later – check our Facebook page for a link. Remember to smile!

First Class Upgrades

This year prize presentations will be near the finish at 8.00pm. (We're not doing presentations in the pub given the current high levels of covid.)

There are prizes for first 3, vet categories V40-V85 and 3 to M/F count teams. All prizes are of course equally awarded in male/female sections.

All Proceeds To Charity

All the proceeds of the race go direct to charity: last year we donated over £2500 to DEC Ukraine Humanitarian Appeal. This year we are hoping to raise a similar amount for Motor Neuro Disease Association Manchester & District.

A Big Thanks To

Owen House Farm & Wedding Barn – use of private road and parking facilities

Run North West – sponsor the race numbers, donate vouchers, water and other goodies.

Events Medical Team.

And of course all the WRC marshals out of the course.

Finally ...

We hope that you have a great run and enjoy the evening.

Rob Downs

Race Director

Wilmslow Running Club

RunningBob@gmail.com