

	name			Stockport	Hale	Cloud 9	Poynton	Rainow	Buxworth	Dunham	Boars	Dunham	Shuttlingsloe	Rudyard	Colshaw	Quarry	Pie and	Eccles	Mid	Cheshire	Cheshire	Knutsford	Wilmslow	Stockport	parkrun	parkrun							
		points		Trail						Uphill	Head	Downhill			Hall	Bank	Peas	Pike	Cheshire	Half	Marathon	10k	Festive	10	W/B/B/L	C/S/L/C							
		best 7	no. of	HM	10k	9mt	10k	5mt	5m	5k	5mt	5k	5.8kt	5m	5m	5m	5k	3.4mt	5k	HM	Mara	10k	10k	10m	5k	5k							
		races	finishes	4	5	4	3	0	3	3	2	4	3	2	2	3	4	5	2	2	0	4	0	0	2	2							
																											Best	2nd.	3rd.	4th	5th.	6th	7th.
1	Tracy Bown	420	7		59				60	60		60			60		60		60	60		60			60	60	60	60	60	60	60	60	
2	Gareth Trimble	415	7							58		58	60			60		60		59		56			60		60	60	60	60	59	58	58
3	Angela McCarthy	413	7	58	57	57	60				59		58	60	59		59	58									60	60	59	59	59	58	58
4	Nicky Mowat	411	7	57	58		59		59							58		57				59			59	59	59	59	59	58	58	58	
4	Steve Russell	411	7			58			58		60		59			59	58	59									60	59	59	59	58	58	58
6	Huma Rahmen	353	6	59	60	59				59		57							59								60	59	59	59	59	57	
7	Ian Roberts	231	4		56		58					59										58					59	58	58	56			
8	Chris Cannon	172	3											59			57	56									59	57	56				
9	Sally Gilliver	120	2	60		60																					60	60					