

# Manchester Area Cross Country League at Wythenshawe Park on Saturday 12th October 2019

## Under 13 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	198	Freddie Meredith	Sale Harriers Manchester	10:43	32	157	Oliver Bentley	East Cheshire Harriers & Tames	12:19
2	263	Oberon Kearney	Wirral Ac	10:46	33	181	Finlay Pettie	Macclesfield Harriers & Ac	12:21
3	190	Luke Carrington	Sale Harriers Manchester	10:50	34	192	Finlay Day	Sale Harriers Manchester	12:23
4	256	Oscar Kewley	Wespa Fire Athletics	10:54	35	216	Liam Johnson	St Helens Sutton Ac	12:29
5	260	Ben Cronshaw	Wirral Ac	10:55	36	745	Bobby Burney	Liverpool Harriers & Ac	12:32
6	741	Luke Parker	West Cheshire Athletic Club	11:05	37	158	Callum Beswick	East Cheshire Harriers & Tames	12:35
7	222	William Bailey	Stockport Harriers & Ac	11:11	38	214	Joseph Colley	St Helens Sutton Ac	12:36
8	178	Dylan McGrath	Macclesfield Harriers & Ac	11:12	39	169	Jacob Hughes	Knutsford Harriers & Athletics	12:38
9	264	Jack Talbot	Wirral Ac	11:13	40	221	Toby Alexander	Stockport Harriers & Ac	12:44
10	172	James Evans	Liverpool Harriers & Ac	11:15	41	206	Fintan Kehoe	Salford Harriers & AC	12:48
11	173	Riley Malone	Liverpool Harriers & Ac	11:18	42	187	Tom Farrelly	Manchester Harriers & Ac	12:53
12	153	Jack Cook	Buxton AC	11:32	43	247	Evan Williams	Vale Royal Ac	13:01
13	160	Bobby Burton	East Cheshire Harriers & Tames	11:35	44	219	William Vose	St Helens Sutton Ac	13:01
14	235	James Walton	Trafford Athletic Club	11:38	45	189	William Pentreath	Manchester Triathlon Club	13:02
15	265	Ben Williams	Wirral Ac	11:39	46	179	Oliver Nettle	Macclesfield Harriers & Ac	13:05
16	249	Rory Gregory	Warrington A C	11:43	47	225	Joel Hulley	Stockport Harriers & Ac	13:08
17	254	Jamie Barnes	Wespa Fire Athletics	11:44	48	726	Joseph Ward	Bramhall Runners	13:31
18	255	Noel Ford	Wespa Fire Athletics	11:44	49	164	Joe Lutman	East Cheshire Harriers & Tames	13:32
19	257	Luca Noorpuri	Wespa Fire Athletics	11:44	50	207	J O'Brien	Salford Harriers & AC	13:33
20	205	Joseph Cammish	Salford Harriers & AC	11:52	51	154	Tommy Goulding	Buxton AC	13:38
21	194	Finlay Goddard	Sale Harriers Manchester	11:54	52	237	Zack Watson	Trafford Athletic Club	13:39
22	228	Ben Sturgess	Stockport Harriers & Ac	11:56	53	165	Patrick Mannion	East Cheshire Harriers & Tames	13:41
23	262	Jack Heap	Wirral Ac	11:57	54	188	Aidan Pagram	Manchester Triathlon Club	13:50
24	236	Josh Watson	Trafford Athletic Club	11:58	55	232	Charlie Owens	Trafford Athletic Club	14:04
25	218	Gabriel Mullen	St Helens Sutton Ac	11:59	56	166	Joe Taylor	East Cheshire Harriers & Tames	14:08
26	162	Tim Elgar	East Cheshire Harriers & Tames	12:01	57	223	Lucas Brundrett	Stockport Harriers & Ac	14:15
27	183	Bradley Snape	Macclesfield Harriers & Ac	12:04	58	746	Samuel Bailey	Bramhall Runners	14:58
28	224	Sam Elliott	Stockport Harriers & Ac	12:05	59	156	Matthew Rolfe	Buxton AC	15:10
29	231	Jay Hutchinson	Trafford Athletic Club	12:13	60	152	Dominic Gibson	Altrincham & District Athletic	15:39
30	227	Bradley Smith	Stockport Harriers & Ac	12:14	61	215	Charlie Griffiths	St Helens Sutton Ac	15:46
31	233	Owen Reekie	Trafford Athletic Club	12:16	62	14	Joe Harney	East Cheshire Harriers & Tames	16:51

## Under 13 - Boys — TEAM RESULTS

1	Wirral Ac	16	—	2	Oberon Kearney	5	Ben Cronshaw	9	Jack Talbot
2	Sale Harriers Manchester	25	—	1	Freddie Meredith	3	Luke Carrington	21	Finlay Goddard
3	Wespa Fire Athletics	39	—	4	Oscar Kewley	17	Jamie Barnes	18	Noel Ford
4	Stockport Harriers & Ac	57	—	7	William Bailey	22	Ben Sturgess	28	Sam Elliott
5	Liverpool Harriers & Ac	57	—	10	James Evans	11	Riley Malone	36	Bobby Burney
6	Trafford Athletic Club	67	—	14	James Walton	24	Josh Watson	29	Jay Hutchinson
7	Macclesfield Harriers & Ac	68	—	8	Dylan McGrath	27	Bradley Snape	33	Finlay Pettie
8	East Cheshire Harriers & Tames	71	—	13	Bobby Burton	26	Tim Elgar	32	Oliver Bentley
9	St Helens Sutton Ac	98	—	25	Gabriel Mullen	35	Liam Johnson	38	Joseph Colley
10	Salford Harriers & AC	111	—	20	Joseph Cammish	41	Fintan Kehoe	50	Jj O'Brien
11	Stockport Harriers & Ac 'B'	117	—	30	Bradley Smith	40	Toby Alexander	47	Joel Hulley
12	Buxton AC	122	—	12	Jack Cook	51	Tommy Goulding	59	Matthew Rolfe
13	Trafford Athletic Club 'B'	138	—	31	Owen Reekie	52	Zack Watson	55	Charlie Owens
14	East Cheshire Harriers & T 'B'	139	—	37	Callum Beswick	49	Joe Lutman	53	Patrick Mannion

# Manchester Area Cross Country League at Wythenshawe Park on Saturday 12th October 2019

## Under 13 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	343	Freya Murdoch	Stockport Harriers & Ac	11:20	36	271	Eleanor Nicholson	Altrincham & District Athletic	13:30
2	334	Sophie Ellwood	Stockport Harriers & Ac	11:41	37	292	Eve O'Mahoney	Liverpool Harriers & Ac	13:34
3	278	Emily Bowker	East Cheshire Harriers & Tames	11:44	38	347	Lara Waterhouse	Stockport Harriers & Ac	13:35
4	342	Saffron Meade	Stockport Harriers & Ac	12:02	39	267	Francesca Kent	Altrincham & District Athletic	13:38
5	326	Jasmine Wright	Salford Harriers & AC	12:07	40	344	Rosie Philbin	Stockport Harriers & Ac	13:39
6	378	Jessica Lark	West Cheshire Athletic Club	12:08	41	279	Kayla Corbett	East Cheshire Harriers & Tames	13:40
7	375	Sophie Fludger	Wespa Fire Athletics	12:10	42	386	Sarah Smith	Wirral Ac	13:41
8	341	Niamh Mackintosh	Stockport Harriers & Ac	12:11	43	314	Holly Nolan	Sale Harriers Manchester	13:42
9	333	Ella Buckley	Stockport Harriers & Ac	12:17	44	323	Amber Davidson	Salford Harriers & AC	13:44
10	321	Elena Bartalotta	Salford Harriers & AC	12:20	45	315	Lily Oldale	Sale Harriers Manchester	13:46
11	305	Isabella Appleby	Sale Harriers Manchester	12:24	46	496	Christiana Kelly	Liverpool Harriers & Ac	13:47
12	379	Aimee Phillips	West Cheshire Athletic Club	12:26	47	303	Beth Wootton	Macclesfield Harriers & Ac	13:53
13	316	Elizabeth Sinclair	Sale Harriers Manchester	12:27	48	339	Tess Longmate	Stockport Harriers & Ac	13:55
14	309	Ellie Gildart	Sale Harriers Manchester	12:30	49	283	Erin Lord	East Cheshire Harriers & Tames	13:55
15	324	Bailey-Rae O'Keefe	Salford Harriers & AC	12:33	50	360	Isabelle Maundrill	Vale Royal Ac	13:57
16	346	Ava Walsh	Stockport Harriers & Ac	12:39	51	381	Delilah Harty	Wirral Ac	14:01
17	735	Sophie Haslam	West Cheshire Athletic Club	12:41	52	266	S Hercog-Millington	Altrincham & District Athletic	14:11
18	273	Charlotte Stansfield	Altrincham & District Athletic	12:42	53	363	Anna Smith	Vale Royal Ac	14:16
19	313	Eva Karalius	Sale Harriers Manchester	12:45	54	376	Charley Topping	Wespa Fire Athletics	14:21
20	270	Holly Newton	Altrincham & District Athletic	12:46	55	304	Iris Robinson	Oldham & Royton H & Ac	14:51
21	737	Cerys Rowlands	West Cheshire Athletic Club	12:48	56	351	Fay Lewis	Trafford Athletic Club	14:53
22	288	Beatrix Cole	Liverpool Harriers & Ac	12:49	57	299	Martha Ireland	Macclesfield Harriers & Ac	14:57
23	385	Evie Smith	Wirral Ac	12:51	58	302	Lola Whitlock	Macclesfield Harriers & Ac	14:57
24	311	Madison Holt	Sale Harriers Manchester	12:55	59	295	Lottie Threadgold	Liverpool Harriers & Ac	15:01
25	352	Martha McCormack	Trafford Athletic Club	12:57	60	336	Lydia Garrod	Stockport Harriers & Ac	15:04
26	325	Sophia Roiditis	Salford Harriers & AC	13:02	61	290	Olivia Howard	Liverpool Harriers & Ac	15:07
27	384	Emma Poulston	Wirral Ac	13:05	62	217	Chloe-Leigh Mark	St Helens Sutton Ac	15:14
28	748	Ruby Carlile	West Cheshire Athletic Club	13:05	63	388	Lydia-Ann Wilson	Wirral Ac	15:25
29	332	Aisling Brooks	Stockport Harriers & Ac	13:05	64	747	Niamh Armstrong	Bramhall Runners	15:27
30	285	Darcy Slattery	East Cheshire Harriers & Tames	13:16	65	722	Niamh Warring	St Helens Sutton Ac	16:26
31	294	Rosie Swinnerton	Liverpool Harriers & Ac	13:17	66	330	Daisy Ward	St Helens Sutton Ac	16:26
32	345	Ellena Walker	Stockport Harriers & Ac	13:21	67	276	Rebecca Cudahy	Buxton AC	16:26
33	383	Amber Neal	Wirral Ac	13:23	68	317	Emma Smith	Sale Harriers Manchester	17:10
34	349	Daisy Atkiss	Trafford Athletic Club	13:25	69	291	Kamsi Ibuzo	Liverpool Harriers & Ac	17:31
35	284	Maria Rooke	East Cheshire Harriers & Tames	13:27	70	724	Darcy Durance	Trafford Athletic Club	17:40

## Under 13 - Girls — TEAM RESULTS

1	Stockport Harriers & Ac	7	—	1	Freya Murdoch	2	Sophie Ellwood	4	Saffron Meade
2	Salford Harriers & AC	30	—	5	Jasmine Wright	10	Elena Bartalotta	15	Bailey-Rae O'Keefe
3	Stockport Harriers & Ac 'B'	33	—	8	Niamh Mackintosh	9	Ella Buckley	16	Ava Walsh
4	West Cheshire Athletic Club	35	—	6	Jessica Lark	12	Aimee Phillips	17	Sophie Haslam
5	Sale Harriers Manchester	38	—	11	Isabella Appleby	13	Elizabeth Sinclair	14	Ellie Gildart
6	East Cheshire Harriers & Tames	68	—	3	Emily Bowker	30	Darcy Slattery	35	Maria Rooke
7	Altrincham & District Athletic	74	—	18	Charlotte Stansfield	20	Holly Newton	36	Eleanor Nicholson
8	Wirral Ac	83	—	23	Evie Smith	27	Emma Poulston	33	Amber Neal
9	Sale Harriers Manchester 'B'	86	—	19	Eva Karalius	24	Madison Holt	43	Holly Nolan
10	Liverpool Harriers & Ac	90	—	22	Beatrix Cole	31	Rosie Swinnerton	37	Eve O'Mahoney
11	Stockport Harriers & Ac 'C'	99	—	29	Aisling Brooks	32	Ellena Walker	38	Lara Waterhouse
12	Trafford Athletic Club	115	—	25	Martha McCormack	34	Daisy Atkiss	56	Fay Lewis
13	Stockport Harriers & Ac 'D'	148	—	40	Rosie Philbin	48	Tess Longmate	60	Lydia Garrod
14	Wirral Ac 'B'	156	—	42	Sarah Smith	51	Delilah Harty	63	Lydia-Ann Wilson
15	Macclesfield Harriers & Ac	162	—	47	Beth Wootton	57	Martha Ireland	58	Lola Whitlock
16	Liverpool Harriers & Ac 'B'	166	—	46	Christiana Kelly	59	Lottie Threadgold	61	Olivia Howard
17	St Helens Sutton Ac	193	—	62	Chloe-Leigh Mark	65	Niamh Warring	66	Daisy Ward

# Manchester Area Cross Country League at Wythenshawe Park on Saturday 12th October 2019

## Under 15 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	467	Tj Jones	Wirral Ac	15:35	27	422	George Noble	Sale Harriers Manchester	17:54
2	472	William Sutcliffe	Wirral Ac	15:45	28	438	Thomas Lawson	Stockport Harriers & Ac	18:00
3	440	Finley Mayoh	Stockport Harriers & Ac	15:48	29	457	Sonny Wilson	Trafford Athletic Club	18:18
4	471	William Strickley	Wirral Ac	15:49	30	451	Alexander Holroyd	Trafford Athletic Club	18:21
5	466	Ethan Brady-Jones	Wirral Ac	16:12	31	430	Ethan Nation	Salford Harriers & AC	18:37
6	425	Jack Spark	Sale Harriers Manchester	16:13	32	429	Patrick Marsden	Salford Harriers & AC	18:37
7	401	Philip Goodfellow	Macclesfield Harriers & Ac	16:15	33	744	Dan Willetts	West Cheshire Athletic Club	18:46
8	469	Alex Poulston	Wirral Ac	16:17	34	448	Joseph Daly	Trafford Athletic Club	18:46
9	402	Ben Hamilton-Ryan	Macclesfield Harriers & Ac	16:19	35	407	Harry Reens	Macclesfield Harriers & Ac	18:50
10	462	Erik Marshall	Warrington A C	16:27	36	443	Harvey Murphy	Stockport Harriers & Ac	18:53
11	729	William Parker	Sale Harriers Manchester	16:34	37	468	Harry Kaye	Wirral Ac	18:55
12	409	Aadi Whitlock	Macclesfield Harriers & Ac	16:34	38	392	Harrison Pepper	East Cheshire Harriers & Tames	19:17
13	393	Matthew Haslam	Halton & Frodsham Harriers	16:45	39	431	Freddie Oldfield	Salford Harriers & AC	19:20
14	434	Michael Dobson	St Helens Sutton Ac	16:50	40	403	Thomas Marsh	Macclesfield Harriers & Ac	19:33
15	464	Sammy Hollins	West Cheshire Athletic Club	17:04	41	435	Frederick Bailey	Stockport Harriers & Ac	19:35
16	391	Lewis Brown	East Cheshire Harriers & Tames	17:15	42	406	Jake Purdie	Macclesfield Harriers & Ac	19:59
17	436	Jack Catterall	Stockport Harriers & Ac	17:21	43	742	Charlie McMullan	West Cheshire Athletic Club	20:15
18	404	Will Nettle	Macclesfield Harriers & Ac	17:25	44	446	Jonah Wall	Stockport Harriers & Ac	20:49
19	454	Ned Silvey	Trafford Athletic Club	17:25	45	449	Albert Durance	Trafford Athletic Club	20:53
20	427	Charlie Tittensor	Sale Harriers Manchester	17:25	46	394	Joseph Larkin	Halton & Frodsham Harriers	21:01
21	447	Charlie Atkiss	Trafford Athletic Club	17:30	47	413	Toby Webb	Oldham & Royton H & Ac	21:12
22	420	Edward Lord	Sale Harriers Manchester	17:35	48	455	Austin Smith	Trafford Athletic Club	22:02
23	445	Luke Sims	Stockport Harriers & Ac	17:39	49	725	Daniel Ward	Bramhall Runners	23:21
24	465	Henry Robinson	West Cheshire Athletic Club	17:41	50	390	Joseph Thorogood	Buxton AC	25:01
25	411	Fraser Mackie	Manchester Harriers & Ac	17:45	51	405	Lucas Prior	Macclesfield Harriers & Ac	28:40
26	442	James McGraw	Stockport Harriers & Ac	17:48					

## Under 15 - Boys — TEAM RESULTS

1	Wirral Ac	7	—	1	Tj Jones	2	William Sutcliffe	4	William Strickley
2	Macclesfield Harriers & Ac	28	—	7	Philip Goodfellow	9	Ben Hamilton-Ryan	12	Aadi Whitlock
3	Sale Harriers Manchester	37	—	6	Jack Spark	11	William Parker	20	Charlie Tittensor
4	Stockport Harriers & Ac	43	—	3	Finley Mayoh	17	Jack Catterall	23	Luke Sims
5	Wirral Ac 'B'	50	—	5	Ethan Brady-Jones	8	Alex Poulston	37	Harry Kaye
6	Trafford Athletic Club	69	—	19	Ned Silvey	21	Charlie Atkiss	29	Sonny Wilson
7	West Cheshire Athletic Club	72	—	15	Sammy Hollins	24	Henry Robinson	33	Dan Willetts
8	Stockport Harriers & Ac 'B'	90	—	26	James McGraw	28	Thomas Lawson	36	Harvey Murphy
9	Macclesfield Harriers & Ac 'B'	93	—	18	Will Nettle	35	Harry Reens	40	Thomas Marsh
10	Salford Harriers & AC	102	—	31	Ethan Nation	32	Patrick Marsden	39	Freddie Oldfield
11	Trafford Athletic Club 'B'	109	—	30	Alexander Holroyd	34	Joseph Daly	45	Albert Durance

# Manchester Area Cross Country League at Wythenshawe Park on Saturday 12th October 2019

## Under 15 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	575	Keira Brady-Jones	Wirral Ac	16:57	37	558	Lila Wainwright	Trafford Athletic Club	20:44
2	567	Orla Gregory	Warrington A C	17:23	38	538	Lucy Clitheroe	St Helens Sutton Ac	20:50
3	574	Carys Roberts	West Cheshire Athletic Club	17:43	39	542	Isabel Brundrett	Stockport Harriers & Ac	20:54
4	517	Lucy Dixon	Sale Harriers Manchester	17:55	40	576	Anna Fraser	Wirral Ac	20:57
5	504	Rebecca Dilworth	Macclesfield Harriers & Ac	18:06	41	534	Erin Pearson-Mulvey	Salford Harriers & AC	21:01
6	515	Isabelle Burke	Sale Harriers Manchester	18:12	42	506	Amelia Wilson	Macclesfield Harriers & Ac	21:05
7	498	Ella McMutrie	Liverpool Harriers & Ac	18:28	43	560	Tarlia Higginbotham	Vale Royal Ac	21:16
8	518	Akira Edgson	Sale Harriers Manchester	18:37	44	543	Lauren Dewsbury	Stockport Harriers & Ac	21:17
9	573	Sophie Grainger	West Cheshire Athletic Club	18:40	45	547	Libby Martin	Stockport Harriers & Ac	21:21
10	502	Grace Tobin	Liverpool Harriers & Ac	18:42	46	481	Imogen Gush	East Cheshire Harriers & Tames	21:25
11	490	Harriet Bain	Liverpool Harriers & Ac	18:51	47	559	Eloise Babington	Vale Royal Ac	21:41
12	480	Matilda Byrnes	East Cheshire Harriers & Tames	18:54	48	499	Megan McMutrie	Liverpool Harriers & Ac	21:44
13	524	Jasmine Reed	Sale Harriers Manchester	19:00	49	555	Marina Guardascione	Trafford Athletic Club	21:47
14	557	Olivia Russell	Trafford Athletic Club	19:08	50	539	Taylor Massey	St Helens Sutton Ac	21:52
15	521	Elizabeth Hill	Sale Harriers Manchester	19:13	51	527	Emily Birchall	Salford Harriers & AC	22:10
16	533	Nicola Mason	Salford Harriers & AC	19:19	52	507	Violet Claxton	Manchester Harriers & Ac	22:14
17	578	Gabrielle Phelan	Wirral Ac	19:26	53	723	Ellie Molyneaux	Halton & Frodsham Harriers	22:22
18	566	Eva Ferris	Warrington A C	19:26	54	536	Grace Winters	Salford Metropolitan Ac	22:32
19	514	Olivia Brown	Sale Harriers Manchester	19:32	55	556	Amy Nunn	Trafford Athletic Club	22:36
20	531	Isobel Cammish	Salford Harriers & AC	19:35	56	486	Macy Singleton	East Cheshire Harriers & Tames	22:44
21	564	Lucie Davies	Warrington A C	19:39	57	739	Henrietta Duffey	West Cheshire Athletic Club	22:50
22	571	Molly Wormald	Warrington A C	19:45	58	513	Greta Brooks	Sale Harriers Manchester	23:02
23	477	Beth Robinson	Altrincham & District Athletic	19:47	59	505	Ruby Stockdale	Macclesfield Harriers & Ac	23:10
24	484	May Mannion	East Cheshire Harriers & Tames	19:57	60	501	Emelia Smith	Liverpool Harriers & Ac	23:23
25	532	Maya Mansfield	Salford Harriers & AC	19:59	61	548	Mary Seymour	Stockport Harriers & Ac	23:26
26	487	Aliasha Smith	East Cheshire Harriers & Tames	20:05	62	553	Imogen Davenport	Trafford Athletic Club	23:32
27	523	Olivia Nolan	Sale Harriers Manchester	20:12	63	483	Ellen Lees-Hill	East Cheshire Harriers & Tames	23:34
28	475	Aisling McHale	Altrincham & District Athletic	20:12	64	544	Elicia Gibbons	Stockport Harriers & Ac	23:34
29	549	Isabelle Stutchfield	Stockport Harriers & Ac	20:15	65	552	Cleo Bentall	Trafford Athletic Club	23:45
30	479	Sienna Philips	Buxton AC	20:24	66	494	Sian Guy	Liverpool Harriers & Ac	24:18
31	577	Ella Heap	Wirral Ac	20:30	67	509	Lucy Veighey	Manchester Triathlon Club	24:34
32	525	Carmen Safranauskas	Sale Harriers Manchester	20:32	68	508	Charlotte Flint	Manchester Harriers & Ac	24:36
33	554	Freya Griffiths	Trafford Athletic Club	20:34	69	528	Lauren Birchall	Salford Harriers & AC	24:45
34	497	Mae Lawless	Liverpool Harriers & Ac	20:36	70	485	Leigha Manser	East Cheshire Harriers & Tames	26:11
35	572	Jodi Bemand	West Cheshire Athletic Club	20:37	71	482	Abbie Hirst	East Cheshire Harriers & Tames	27:17
36	510	Emilia Platt	Oldham & Royton H & Ac	20:40	72	537	Jessica Bairstow	St Helens Sutton Ac	29:33

## Under 15 - Girls — TEAM RESULTS

1	Sale Harriers Manchester	18	—	4	Lucy Dixon	6	Isabelle Burke	8	Akira Edgson
2	Liverpool Harriers & Ac	28	—	7	Ella McMutrie	10	Grace Tobin	11	Harriet Bain
3	Warrington A C	41	—	2	Orla Gregory	18	Eva Ferris	21	Lucie Davies
4	Sale Harriers Manchester 'B'	47	—	13	Jasmine Reed	15	Elizabeth Hill	19	Olivia Brown
5	West Cheshire Athletic Club	47	—	3	Carys Roberts	9	Sophie Grainger	35	Jodi Bemand
6	Wirral Ac	49	—	1	Keira Brady-Jones	17	Gabrielle Phelan	31	Ella Heap
7	Salford Harriers & AC	61	—	16	Nicola Mason	20	Isobel Cammish	25	Maya Mansfield
8	East Cheshire Harriers & Tames	62	—	12	Matilda Byrnes	24	May Mannion	26	Aliasha Smith
9	Trafford Athletic Club	84	—	14	Olivia Russell	33	Freya Griffiths	37	Lila Wainwright
10	Macclesfield Harriers & Ac	106	—	5	Rebecca Dilworth	42	Amelia Wilson	59	Ruby Stockdale
11	Stockport Harriers & Ac	112	—	29	Isabelle Stutchfield	39	Isabel Brundrett	44	Lauren Dewsbury
12	Sale Harriers Manchester 'C'	117	—	27	Olivia Nolan	32	Carmen Safranauskas	58	Greta Brooks
13	Liverpool Harriers & Ac 'B'	142	—	34	Mae Lawless	48	Megan McMutrie	60	Emelia Smith
14	St Helens Sutton Ac	160	—	38	Lucy Clitheroe	50	Taylor Massey	72	Jessica Bairstow
15	Salford Harriers & AC 'B'	161	—	41	Erin Pearson-Mulvey	51	Emily Birchall	69	Lauren Birchall
16	East Cheshire Harriers & T 'B'	165	—	46	Imogen Gush	56	Macy Singleton	63	Ellen Lees-Hill
17	Trafford Athletic Club 'B'	166	—	49	Marina Guardascione	55	Amy Nunn	62	Imogen Davenport
18	Stockport Harriers & Ac 'B'	170	—	45	Libby Martin	61	Mary Seymour	64	Elicia Gibbons

# Manchester Area Cross Country League at Wythenshawe Park on Saturday 12th October 2019

## Under 17 - Men — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	666	Finley Proffitt	Macclesfield Harriers & Ac	20:21	20	600	Joseph Farrelly	Manchester Harriers & Ac	22:06
2	646	William Ashfield	Vale Royal Ac	20:23	21	606	Zac Gaillemain	Sale Harriers Manchester	22:11
3	585	Samuel Soles	Buxton AC	20:54	22	631	Tobin Rose	Stockport Harriers & Ac	22:18
4	653	Louis Johnston	Wirral Ac	21:08	23	596	Laurence Manley	Macclesfield Harriers & Ac	22:29
5	624	Harry Ellwood	Stockport Harriers & Ac	21:12	24	608	Alex James	Sale Harriers Manchester	22:34
6	623	Edward Corden	Stockport Harriers & Ac	21:14	25	630	Jessie Rees	Stockport Harriers & Ac	22:38
7	616	Joshua Dutton	Salford Harriers & AC	21:15	26	581	Edward Diamond	Buxton AC	22:46
8	637	Bradley Giblin	Trafford Athletic Club	21:16	27	611	Robbie Rigby	Sale Harriers Manchester	22:51
9	639	Joseph Mangan	Trafford Athletic Club	21:19	28	594	James Doorbar	Macclesfield Harriers & Ac	22:56
10	728	Charlie Roberts	St Helens Sutton Ac	21:20	29	642	Lewis Royle	Trafford Athletic Club	22:56
11	599	Archie Dyer	Manchester Harriers & Ac	21:20	30	592	Jamie Ford	Liverpool Harriers & Ac	23:31
12	632	Jacob Wood-Doyle	Stockport Harriers & Ac	21:25	31	610	Aidan Lynch	Sale Harriers Manchester	23:40
13	593	Charlie Teare	Liverpool Harriers & Ac	21:27	32	629	Cameron Murdoch	Stockport Harriers & Ac	23:59
14	652	Daniel Hayes	Wirral Ac	21:38	33	605	Ben Dargan	Sale Harriers Manchester	24:15
15	582	Stuart Diamond	Buxton AC	21:42	34	627	Alex Macfarlane	Stockport Harriers & Ac	24:20
16	641	Seb Patrick	Trafford Athletic Club	21:47	35	595	Jack Farrall	Macclesfield Harriers & Ac	24:21
17	633	Alexander Bailey	Trafford Athletic Club	21:58	36	621	Michael Brussels	St Helens Sutton Ac	24:51
18	597	Eddie Mills	Macclesfield Harriers & Ac	22:00	37	628	Harry Miller-Reedman	Stockport Harriers & Ac	25:35
19	607	Charlie Hobson	Sale Harriers Manchester	22:02	38	601	William Finnie	Manchester Harriers & Ac	26:18

## Under 17 - Men — TEAM RESULTS

1	Stockport Harriers & Ac	23	—	5	Harry Ellwood	6	Edward Corden	12	Jacob Wood-Doyle
2	Trafford Athletic Club	33	—	8	Bradley Giblin	9	Joseph Mangan	16	Seb Patrick
3	Macclesfield Harriers & Ac	42	—	1	Finley Proffitt	18	Eddie Mills	23	Laurence Manley
4	Buxton AC	44	—	3	Samuel Soles	15	Stuart Diamond	26	Edward Diamond
5	Sale Harriers Manchester	64	—	19	Charlie Hobson	21	Zac Gaillemain	24	Alex James
6	Manchester Harriers & Ac	69	—	11	Archie Dyer	20	Joseph Farrelly	38	William Finnie
7	Stockport Harriers & Ac 'B'	79	—	22	Tobin Rose	25	Jessie Rees	32	Cameron Murdoch
8	Sale Harriers Manchester 'B'	91	—	27	Robbie Rigby	31	Aidan Lynch	33	Ben Dargan

## Under 17 - Ladies — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	720	Ellen Kearney	Wirral Ac	23:45	17	703	Lauren Burgess	Stockport Harriers & Ac	27:37
2	689	Jessica Spilsbury	Sale Harriers Manchester	24:03	18	656	Heather Wilshaw	Buxton AC	28:10
3	704	Alice Davies	Stockport Harriers & Ac	25:00	19	663	Libby Greeney	Macclesfield Harriers & Ac	28:13
4	665	Rebecca Main	Macclesfield Harriers & Ac	25:24	20	687	Charlotte Lord	Sale Harriers Manchester	28:26
5	659	Megan Lewis	East Cheshire Harriers & Tames	25:32	21	707	Megan Phillips	Stockport Harriers & Ac	28:36
6	655	Amy Whelan	Buxton AC	25:36	22	709	Evie Wild	Stockport Harriers & Ac	29:01
7	721	Rachel Theobald	Wirral Ac	25:41	23	675	Lizzie Glover-Jones	Oldham & Royton H & Ac	29:41
8	699	C Haywood-Percival	Salford Harriers & AC	25:53	24	680	Ellie Colquhoun-Lynn	Sale Harriers Manchester	29:48
9	702	Emily Russell	Salford Harriers & AC	26:15	25	705	Josie Driver	Stockport Harriers & Ac	30:56
10	713	Rebecca Young	Trafford Athletic Club	26:28	26	673	Lauren Bartholomew	Oldham & Royton H & Ac	31:19
11	658	Rose Barlow	East Cheshire Harriers & Tames	26:34	27	674	Megan Bartholomew	Oldham & Royton H & Ac	31:38
12	706	Esther Hulley	Stockport Harriers & Ac	26:43	28	660	Katherine Waters	East Cheshire Harriers & Tames	32:03
13	701	Anna Potter	Salford Harriers & AC	26:58	29	676	Astacia Mannings	Oldham & Royton H & Ac	33:48
14	678	Anouska Brooks	Sale Harriers Manchester	27:10	30	672	Caitlin Deighton	Marple Runners	33:59
15	695	Jessica Birchall	Salford Harriers & AC	27:24	31	716	Fay Humphreys	Warrington A C	36:37
16	692	Rosangela Terim	Sale Harriers Manchester	27:32					

## Under 17 - Ladies — TEAM RESULTS

1	Salford Harriers & AC	30	—	8	C Haywood-Percival	9	Emily Russell	13	Anna Potter
2	Sale Harriers Manchester	32	—	2	Jessica Spilsbury	14	Anouska Brooks	16	Rosangela Terim
3	Stockport Harriers & Ac	32	—	3	Alice Davies	12	Esther Hulley	17	Lauren Burgess
4	East Cheshire Harriers & Tames	44	—	5	Megan Lewis	11	Rose Barlow	28	Katherine Waters
5	Stockport Harriers & Ac 'B'	68	—	21	Megan Phillips	22	Evie Wild	25	Josie Driver
6	Oldham & Royton H & Ac	76	—	23	Lizzie Glover-Jones	26	Lauren Bartholomew	27	Megan Bartholomew

# Manchester Area Cross Country League at Wythenshawe Park on Saturday 12th October 2019

## Senior Women - Ladies aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	280	Alice Stiles	L20	1 Manchester Harriers & Ac	34:47	6	652	Matilda Green	L20	6 University Of Manchester	37:03
2	476	L HaywoodPercival	L20	2 Salford Harriers & AC	34:55	7	285	Anja CoxCunningham	L20	7 Manchester Metropolitan Uni	39:05
3	552	Emilia Gajda	L20	3 Stockport Harriers & Ac	35:08	8	569	Lauren Robinson	L20	8 Stockport Harriers & Ac	39:31
4	469	Chiara Young	L20	4 Sale Harriers Manchester	35:42	9	439	Mia Gibbons	L20	9 Sale Harriers Manchester	41:21
5	771	Bethany Garratt	L20	5 Manchester Metropolitan Uni	36:27	10	772	Jenny Murphy	L20	10 Manchester Metropolitan Uni	41:50

## Senior Women - Ladies aged 17 to 19 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Manchester Metropolitan Uni      22 — 5 Bethany Garratt      7 Anja CoxCunningham 10 Jenny Murphy

## Senior Women - Ladies aged 20 to 34

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	436	Danielle Fegan	L	1 Sale Harriers Manchester	30:22	37	179	Sally Teague	L	37 East Cheshire Harriers & Tames	38:30
2	635	Vicki Cronin	L	2 Trafford Athletic Club	30:48	38	50	Helen Rennie	L	38 Bramhall Runners	38:51
3	284	Emily Bullis	L	3 Manchester Metropolitan Uni	31:19	39	107	Samantha Hartley	L	39 Chorlton Runners	39:18
4	468	Sophie Wood	L	4 Sale Harriers Manchester	31:29	40	229	Sian Gulliver	L	40 Macclesfield Harriers & Ac	39:19
5	695	Claire Clancy	L	5 Wilmslow Running Club	31:29	41	158	Antonia Marsden	L	41 Didsbury Runners	39:21
6	662	Hannah Stroud	L	6 University Of Manchester	31:54	42	504	Rhianna Parkinson	L	42 Salford Metropolitan Ac	39:43
7	643	Sarah Hudak	L	7 Trafford Athletic Club	32:35	43	125	Olivia Morgan	L	43 Chorlton Runners	40:14
8	289	Leah Pelpoe	L	8 Manchester Metropolitan Uni	32:42	44	286	Rebecca Gascoyne	L	44 Manchester Metropolitan Uni	40:29
9	478	Ruth Jones	L	9 Salford Harriers & AC	32:44	45	128	Samantha Penn	L	45 Chorlton Runners	40:38
10	150	Siobhan Woods	L	10 Chorlton Runners	33:23	46	746	Sarah Hooks	L	46 Winston Runners	40:47
11	216	Natalie Stonell	L	11 Knutsford Tri Club	34:03	47	507	Megan Powell	L	47 Salford Metropolitan Ac	40:48
12	341	Heather Hughes	L	12 Manchester Ymca Harriers	34:04	48	155	Felicity Doe	L	48 Didsbury Runners	41:05
13	117	Frances Liddell	L	13 Chorlton Runners	34:06	49	376	Chelsea MearsGraham	L	49 Marple Runners	41:51
14	178	Hayley Simpson	L	14 East Cheshire Harriers & Tames	34:10	50	95	Nicky Dobra	L	50 Chorlton Runners	41:52
15	435	Jenny Evans	L	15 Sale Harriers Manchester	34:18	51	632	Ruth Beresford	L	51 Trafford Athletic Club	42:00
16	2505	Rebecca Jackson	L	16 Ealing Eagles	34:30	52	306	Nanette Heystek	L	52 Manchester Triathlon Club	42:03
17	204	Rowen Pymm	L	17 Horwich R M I Harriers	35:11	53	33	Lois Brooks	L	53 Bramhall Runners	42:11
18	297	Hannah Bruce	L	18 Manchester Triathlon Club	35:30	54	32	Sam Blacow	L	54 Bramhall Runners	42:28
19	780	R Rozhdestvenskaya	L	19 Sale Harriers Manchester	35:32	55	317	Kathryn O'Shea	L	55 Manchester Triathlon Club	42:34
20	648	Melanie Monks	L	20 Trafford Athletic Club	35:33	56	508	Rachel Sate	L	56 Salford Metropolitan Ac	43:11
21	462	Jane Thomas	L	21 Sale Harriers Manchester	35:48	57	466	Caroline Wheeler	L	57 Sale Harriers Manchester	43:53
22	6	Chloe Elliott	L	22 Altrincham & District Athletic	36:00	58	392	Lea Taylor	L	58 Marple Runners	44:35
23	177	Bethany McManus	L	23 East Cheshire Harriers & Tames	36:33	59	529	Kaylea Haynes	L	59 Start2jog	44:57
24	774	Claire Harris	L	24 West Cheshire Athletic Club	36:44	60	160	Louise Rankin	L	60 Didsbury Runners	45:07
25	633	Amy-Rose Cauley	L	25 Trafford Athletic Club	36:49	61	559	Rebecca Livsey	L	61 Stockport Harriers & Ac	45:59
26	333	Hannah Brierley	L	26 Manchester Ymca Harriers	36:54	62	71	Hannah Ahle	L	62 Chorlton Runners	46:05
27	202	Kimberley Chadderton	L	27 Horwich R M I Harriers	37:01	63	288	Grace O'Neill	L	63 Manchester Metropolitan Uni	46:49
28	189	Chloe Abbott	L	28 Goyt Valley Striders	37:05	64	394	Susan Warnock	L	64 Marple Runners	47:30
29	658	Sophie Ralston	L	29 University Of Manchester	37:08	65	330	Lauren Williamson	L	65 Manchester Triathlon Club	47:34
30	629	Hermione Oakley	L	30 Swinton Running Club	37:22	66	206	Hannah Bassirat	L	66 Knutsford Tri Club	48:13
31	295	Fiona Blagg	L	31 Manchester Triathlon Club	37:24	67	531	Sarah Kennedy	L	67 Start2jog	49:23
32	428	Beatrice Cordingley	L	32 Sale Harriers Manchester	37:38	68	738	Victoria Birrane	L	68 Winston Runners	52:07
33	475	Sally Dewhurst	L	33 Salford Harriers & AC	37:39	69	751	Lauren Reid	L	69 Winston Runners	53:08
34	566	Imogen Nutter	L	34 Stockport Harriers & Ac	37:47	70	530	Jamielee Johnston	L	70 Start2jog	53:49
35	441	Sarah Goulden	L	35 Sale Harriers Manchester	37:51	71	382	Rachel Myers	L	71 Marple Runners	55:19
36	553	Louise Geldart	L	36 Stockport Harriers & Ac	38:02						

## Senior Women - Ladies (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	755	Katie Bagley	L35	1 Wirral Ac	33:07	23	143	Alison Wainwright	L35	23 Chorlton Runners	40:02
2	136	Ingrid Storm	L35	2 Chorlton Runners	34:26	24	541	Amy Barter	L35	24 Stockport Harriers & Ac	41:05
3	418	Hayley Ashby	L35	3 Sale Harriers Manchester	34:28	25	224	Catharine Crossley	L35	25 Macclesfield Harriers & Ac	42:02
4	438	Emma Finney	L35	4 Sale Harriers Manchester	34:32	26	283	Wendy Woodhead	L35	26 Manchester Harriers & Ac	42:05
5	473	Laura Coucill	L35	5 Salford Harriers & AC	34:47	27	24	Philippa Robinson	L35	27 Belle Vue Racers	42:18
6	131	Sarah Renshaw	L35	6 Chorlton Runners	35:28	28	413	Caroline Bartholomew	L35	28 Oldham & Royton H & Ac	42:21
7	497	Isobel Giblin	L35	7 Salford Metropolitan Ac	35:50	29	447	Amelie Latham	L35	29 Sale Harriers Manchester	42:23
8	254	Rachel Kenyon	L35	8 Manchester Frontrunners	36:08	30	255	Selena Lockyer	L35	30 Manchester Frontrunners	42:26
9	452	Brien Cara O'	L35	9 Sale Harriers Manchester	36:27	31	687	Leanne Astbury	L35	31 Warrington A C	43:18
10	484	Becki Robinson	L35	10 Salford Harriers & AC	36:54	32	425	Helen Carter	L35	32 Sale Harriers Manchester	43:50
11	311	Deirdre McCarthy	L35	11 Manchester Triathlon Club	37:00	33	609	Rachel Billington	L35	33 Swinton Running Club	43:58
12	764	Sarah Phelan	L35	12 Wirral Ac	37:35	34	232	Saranya Hasler	L35	34 Macclesfield Harriers & Ac	44:44
13	630	Maria Wylenzek	L35	13 Swinton Running Club	37:40	35	383	Anna Oxley	L35	35 Marple Runners	46:13
14	430	Victoria Cordingley	L35	14 Sale Harriers Manchester	37:42	36	372	Emma Loveridge	L35	36 Marple Runners	48:36
15	737	Laura Bell	L35	15 Winston Runners	37:50	37	65	Charlie Narejko	L35	37 Buxton AC	49:39
16	626	Rebecca Mills	L35	16 Swinton Running Club	38:31	38	744	Charlotte Dean	L35	38 Winston Runners	49:52
17	115	Gemma Larkin	L35	17 Chorlton Runners	38:35	39	358	Cressida Crabtree	L35	39 Marple Runners	49:55
18	248	Jacqui Baines	L35	18 Manchester Frontrunners	38:41	40	339	Jill Guthrie	L35	40 Manchester Ymca Harriers	50:37
19	157	Yvonne Hung	L35	19 Didsbury Runners	39:14	41	111	Claire Howarth	L35	41 Chorlton Runners	51:25
20	257	Aleksandra Piekarska	L35	20 Manchester Frontrunners	39:42	42	210	Victoria Keegan	L35	42 Knutsford Tri Club	53:02
21	88	Sarah Clarke	L35	21 Chorlton Runners	39:49	43	593	Claire Rayner	L35	43 Stockport Tri Club	1:00:48
22	486	Anneka Sanders	L35	22 Salford Harriers & AC	40:02	44	408	Jennifer Laptew	L35	44 Middleton Harriers Ac	1:01:53

### Senior Women - Ladies (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	572	Louise Rudd	L40	1 Stockport Harriers & Ac	31:12	25	464	Louise Tittensor	L40	25 Sale Harriers Manchester	40:46
2	583	Belinda Brennan	L40	2 Stockport Tri Club	34:23	26	740	Edyta Burgess	L40	26 Winston Runners	40:58
3	440	Zoe Gmerek	L40	3 Sale Harriers Manchester	35:02	27	554	Jennifer Hulley	L40	27 Stockport Harriers & Ac	41:00
4	231	Sarah Harris	L40	4 Macclesfield Harriers & Ac	35:38	28	445	Catherine Jones	L40	28 Sale Harriers Manchester	41:14
5	152	Laura Brown	L40	5 Didsbury Runners	36:23	29	391	Sarah Stutchfield	L40	29 Marple Runners	41:25
6	685	Claire Thompson	L40	6 Vale Royal Ac	36:36	30	84	Charlotte Cameron	L40	30 Chorlton Runners	41:48
7	560	Nicola Lloyd	L40	7 Stockport Harriers & Ac	36:46	31	294	Sophie Barnett	L40	31 Manchester Triathlon Club	41:56
8	457	Sian Rowley	L40	8 Sale Harriers Manchester	36:59	32	619	Denise IrvingLang	L40	32 Swinton Running Club	42:24
9	214	Kate Mills	L40	9 Knutsford Tri Club	37:43	33	267	Lindsey Farrelly	L40	33 Manchester Harriers & Ac	42:25
10	766	Bree Sutcliffe	L40	10 Wirral Ac	37:55	34	742	Jayne Cordingley	L40	34 Winston Runners	42:30
11	542	Rebecca Brimage	L40	11 Stockport Harriers & Ac	38:04	35	27	Rachel Watson	L40	35 Belle Vue Racers	42:37
12	191	S FanthorpeSmith	L40	12 Goyt Valley Striders	38:04	36	262	Caroline Baba	L40	36 Manchester Harriers & Ac	42:48
13	627	Helen Nation	L40	13 Swinton Running Club	38:05	37	197	Linette Ruston	L40	37 Goyt Valley Striders	43:07
14	459	Suzanne Smith	L40	14 Sale Harriers Manchester	38:11	38	310	S MawbeyJeffries	L40	38 Manchester Triathlon Club	43:21
15	634	Claire Chaffer	L40	15 Trafford Athletic Club	38:13	39	138	Katie Syrett	L40	39 Chorlton Runners	43:26
16	68	Katie Rolfe	L40	16 Buxton AC	38:43	40	400	Sharon Goldrick	L40	40 Middleton Harriers Ac	43:39
17	461	Wendy Terry	L40	17 Sale Harriers Manchester	38:47	41	175	Catherine Daley	L40	41 East Cheshire Harriers & Tames	45:39
18	245	Catherine Voyce	L40	18 Macclesfield Harriers & Ac	38:53	42	91	Caroline Crosswell	L40	42 Chorlton Runners	45:48
19	148	Melanie Williamson	L40	19 Chorlton Runners	38:54	43	132	Fiona Roberts	L40	43 Chorlton Runners	47:02
20	205	A Anderson-Holton	L40	20 Knutsford Tri Club	39:56	44	607	Kerry Adamsbaum	L40	44 Swinton Running Club	47:45
21	208	Claire Grimmer	L40	21 Knutsford Tri Club	40:11	45	66	Elizabeth Nocton	L40	45 Buxton AC	48:26
22	39	Helen Croft	L40	22 Bramhall Runners	40:22	46	610	Carmel Campbell	L40	46 Swinton Running Club	49:59
23	323	Claudia RoblesMorse	L40	23 Manchester Triathlon Club	40:25	47	365	Taylor Giacomia	L40	47 Marple Runners	50:46
24	518	Claire Murphy	L40	24 St Helens Tri	40:40	48	233	Rachel Heslop	L40	48 Macclesfield Harriers & Ac	51:00
						49	617	Cheryl Honeybourne	L40	49 Swinton Running Club	54:51

### Senior Women - Ladies (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	762	Sarah Kearney	L45	1 Wirral Ac	33:32	27	195	Mary Jones	L45	27 Goyt Valley Striders	42:34
2	708	Sharon Johnstone	L45	2 Wilmslow Running Club	34:40	28	608	Rhona Barker	L45	28 Swinton Running Club	42:34
3	426	Anne Chinoy	L45	3 Sale Harriers Manchester	35:00	29	36	Caroline Canty	L45	29 Bramhall Runners	42:55
4	650	Sally Woolhouse	L45	4 Trafford Athletic Club	35:19	30	45	Andrea Lees	L45	30 Bramhall Runners	42:56
5	704	Louisa Harrison	L45	5 Wilmslow Running Club	35:23	31	726	Vicky Anderson	L45	31 Wilmslow Striders	43:09
6	567	Jennie Pickard	L45	6 Stockport Harriers & Ac	36:04	32	362	Elise Evans	L45	32 Marple Runners	43:11
7	622	Lauren Marsden	L45	7 Swinton Running Club	36:06	33	327	Marianne Veighey	L45	33 Manchester Triathlon Club	43:14
8	61	Debbie Hope	L45	8 Buxton AC	36:08	34	337	Emma Elmerhebi	L45	34 Manchester Ymca Harriers	43:53
9	694	Diane Bygrave	L45	9 Wilmslow Running Club	36:32	35	743	Angela Cunningham	L45	35 Winston Runners	44:09
10	48	Vikki Murphy	L45	10 Bramhall Runners	37:45	36	548	Lyndsey Crombleholme	L45	36 Stockport Harriers & Ac	44:59
11	543	Sarah Brown	L45	11 Stockport Harriers & Ac	38:17	37	17	Karen Charters	L45	37 Belle Vue Racers	45:20
12	691	Eleanor Robinson	L45	12 West Cheshire Athletic Club	38:36	38	168	Joanne Healy	L45	38 Dragons Running Club (sale)	45:52
13	646	Louise Mangan	L45	13 Trafford Athletic Club	38:49	39	357	Amanada Collinge	L45	39 Marple Runners	46:13
14	770	Karen Fleming	L45	14 East Cheshire Harriers & Tames	38:55	40	19	Julia Foy	L45	40 Belle Vue Racers	46:54
15	765	Anne Rosbottom	L45	15 Wirral Ac	39:18	41	773	Alexandra Duffey	L45	41 West Cheshire Athletic Club	47:06
16	2501	Lucy Rusbridge	L45	16 Congleton H & Ac	39:35	42	30	Sarah Beattie	L45	42 Bramhall Runners	47:57
17	293	Cathy Atkinson	L45	17 Manchester Triathlon Club	39:40	43	410	Donna Howatson	L45	43 Middleton Harriers Ac	48:52
18	759	Lisa Grantham	L45	18 Wirral Ac	40:20	44	261	Melissa Whitworth	L45	44 Manchester Fronrunners	49:36
19	565	Ruth Murdoch	L45	19 Stockport Harriers & Ac	40:39	45	292	Gillian Aspin	L45	45 Manchester Triathlon Club	50:12
20	244	Sue Stockdale	L45	20 Macclesfield Harriers & Ac	40:45	46	754	Gaynor Williams	L45	46 Winston Runners	50:22
21	187	Wendy Trelease	L45	21 Glossopdale Harriers	41:02	47	374	Claire Lynch	L45	47 Marple Runners	51:14
22	564	Sally Meats	L45	22 Stockport Harriers & Ac	41:14	48	57	Rachel Dowle	L45	48 Buxton AC	53:25
23	453	Carla Ousey	L45	23 Sale Harriers Manchester	41:42	49	747	Jana Julinkova	L45	49 Winston Runners	54:31
24	580	Amanda Wolstenholme	L45	24 Stockport Harriers & Ac	41:49	50	527	Karon Edmunds	L45	50 Start2jog	55:10
25	56	Joanne Cudahy	L45	25 Buxton AC	42:03	51	534	Susan May	L45	51 Start2jog	56:40
26	240	Elaine Pettie	L45	26 Macclesfield Harriers & Ac	42:28	52	736	Lisa Beattie	L45	52 Winston Runners	1:04:40
						53	34	Helen Brown	L45	53 Bramhall Runners	1:04:54

### Senior Women - Ladies (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	683	Helen Smith	L50	1 Vale Royal Ac	35:44	15	720	Huma Rahman	L50	15 Wilmslow Running Club	44:00
2	12	Steph Thompson	L50	2 Altrincham & District Athletic	38:15	16	338	Stephanie Goodchild	L50	16 Manchester Ymca Harriers	44:08
3	406	Michelle Hushion	L50	3 Middleton Harriers Ac	38:22	17	271	Catherine Jones	L50	17 Manchester Harriers & Ac	44:11
4	5	Fiona Cosgrove	L50	4 Altrincham & District Athletic	38:23	18	212	Mairi McCloskey	L50	18 Knutsford Tri Club	44:41
5	176	Andrea Edwards	L50	5 East Cheshire Harriers & Tames	39:34	19	779	Jane Hughes	L50	19 Manchester Harriers & Ac	47:12
6	116	Fiona Leslie	L50	6 Chorlton Runners	39:54	20	69	Sarah Soles	L50	20 Buxton AC	50:07
7	35	Andrea Buckingham	L50	7 Bramhall Runners	40:52	21	513	Mandy Webber	L50	21 Salford Metropolitan Ac	50:16
8	544	Fiona Cooke	L50	8 Stockport Harriers & Ac	41:54	22	405	Janet Hunt	L50	22 Middleton Harriers Ac	50:24
9	563	Estelle McGuire	L50	9 Stockport Harriers & Ac	42:19	23	393	Fiona Thomas	L50	23 Marple Runners	51:35
10	51	Breeshey Smith	L50	10 Bramhall Runners	43:15	24	171	Margot Maybury	L50	24 Dragons Running Club (sale)	54:33
11	717	Kathryn Patrick	L50	11 Wilmslow Running Club	43:24	25	356	Jenny Brown	L50	25 Marple Runners	56:48
12	58	Heather FryerWinder	L50	12 Buxton AC	43:32	26	46	Melanie Li	L50	26 Bramhall Runners	56:58
13	281	Jane Stiles	L50	13 Manchester Harriers & Ac	43:43	27	377	Cathryn Melia	L50	27 Marple Runners	57:14
14	25	Janet Shepherd	L50	14 Belle Vue Racers	43:48						

### Senior Women - Ladies (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	203	Janet Rashleigh	L55	1 Horwich R M I Harriers	34:54	9	258	Linda Rix	L55	9 Manchester Fronrunners	42:06
2	10	Beverley Jackson	L55	2 Altrincham & District Athletic	37:24	10	684	Mary Tavener	L55	10 Vale Royal Ac	42:08
3	701	Sally Gilliver	L55	3 Wilmslow Running Club	38:14	11	458	Lynda Rowlinson	L55	11 Sale Harriers Manchester	43:35
4	578	Maureen Wilkins	L55	4 Stockport Harriers & Ac	38:28	12	273	Ann McLoughlin	L55	12 Manchester Harriers & Ac	44:46
5	70	Tania Wilson	L55	5 Buxton AC	38:32	13	735	Susan Bates	L55	13 Winston Runners	45:03
6	692	Tracy Bown	L55	6 Wilmslow Running Club	39:07	14	600	Claire Northcote	L55	14 Styal Running Club	46:05
7	63	Kate Ledin	L55	7 Buxton AC	40:08	15	62	Sue Jeff	L55	15 Buxton AC	52:50
8	574	Lesley Sinclair	L55	8 Stockport Harriers & Ac	40:35						

### Senior Women - Ladies (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	429	J Cordingley	L60	1 Sale Harriers Manchester	38:01
2	568	Glennis Richardson	L60	2 Stockport Harriers & Ac	39:19
3	20	Annie Hirsch	L60	3 Belle Vue Racers	40:04
4	397	Fiona Bolton	L60	4 Middleton Harriers Ac	45:31
5	238	Barbara Murray	L60	5 Macclesfield Harriers & Ac	47:00
6	367	Claire Hardy	L60	6 Marple Runners	47:24
7	745	Diana Evans	L60	7 Winston Runners	49:02

### Senior Women - Ladies (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	236	Anne-Marie Jones	L65	1 Macclesfield Harriers & Ac	37:43
2	334	Gail Brierley	L65	2 Manchester Ymca Harriers	41:32
3	577	Helen Todd	L65	3 Stockport Harriers & Ac	42:30
4	640	Sue Exon	L65	4 Trafford Athletic Club	44:37
5	686	Carole Williams	L65	5 Vale Royal Ac	52:42
6	47	Morag Morgan	L65	6 Bramhall Runners	57:30

### Senior Women - Ladies (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	549	Alexis Dinsmor	L70	1 Stockport Harriers & Ac	49:28



# Manchester Area Cross Country League

## at Wythenshawe Park on Saturday 12th October 2019

### Senior Women - Ladies — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time	
1	436	Danielle Fegan	L	1 Sale Harriers Manchester	30:22	92	5 Fiona Cosgrove	L50	4 Altrincham & District Athletic	38:23	
2	635	Vicki Cronin	L	2 Trafford Athletic Club	30:48	93	578 Maureen Wilkins	L55	4 Stockport Harriers & Ac	38:28	
3	572	Louise Rudd	L40	1 Stockport Harriers & Ac	31:12	94	179 Sally Teague	L	94 East Cheshire Harriers & Tames		
4	284	Emily Bullis	L	4 Manchester Metropolitan Uni	31:19		38:30				
5	468	Sophie Wood	L	5 Sale Harriers Manchester	31:29	95	626 Rebecca Mills	L35	16 Swinton Running Club	38:31	
6	695	Claire Clancy	L	6 Wilmslow Running Club	31:29	96	70 Tania Wilson	L55	5 Buxton AC	38:32	
7	662	Hannah Stroud	L	7 University Of Manchester	31:54	97	115 Gemma Larkin	L35	17 Chorlton Runners	38:35	
8	643	Sarah Hudak	L	8 Trafford Athletic Club	32:35	98	691 Eleanor Robinson	L45	12 West Cheshire Athletic Club	38:36	
9	289	Leah Peplow	L	9 Manchester Metropolitan Uni	32:42	99	248 Jacqui Baines	L35	18 Manchester Frontrunners	38:41	
10	478	Ruth Jones	L	10 Salford Harriers & AC	32:44	100	68 Katie Rolfe	L40	16 Buxton AC	38:43	
11	755	Katie Bagley	L35	1 Wirral Ac	33:07	101	461 Wendy Terry	L40	17 Sale Harriers Manchester	38:47	
12	150	Siobhan Woods	L	12 Chorlton Runners	33:23	102	646 Louise Mangan	L45	13 Trafford Athletic Club	38:49	
13	762	Sarah Kearney	L45	1 Wirral Ac	33:32	103	50 Helen Rennie	L	103 Bramhall Runners	38:51	
14	216	Natalie Stonell	L	14 Knutsford Tri Club	34:03	104	245 Catherine Voyce	L40	18 Macclesfield Harriers & Ac	38:53	
15	341	Heather Hughes	L	15 Manchester Ymca Harriers	34:04	105	148 Melanie Williamson	L40	19 Chorlton Runners	38:54	
16	117	Frances Liddell	L	16 Chorlton Runners	34:06	106	770 Karen Fleming	L45	14 East Cheshire Harriers & Tames	38:55	
17	178	Hayley Simpson	L	17 East Cheshire Harriers & Tames	34:10	107	285 Anja Cox	Cunningham	L20	7 Manchester Metropolitan Uni	39:05
18	435	Jenny Evans	L	18 Sale Harriers Manchester	34:18	108	692 Tracy Bown	L55	6 Wilmslow Running Club	39:07	
19	583	Belinda Brennan	L40	2 Stockport Tri Club	34:23	109	157 Yvonne Hung	L35	19 Didsbury Runners	39:14	
20	136	Ingrid Storm	L35	2 Chorlton Runners	34:26	110	107 Samantha Hartley	L	110 Chorlton Runners	39:18	
21	418	Hayley Ashby	L35	3 Sale Harriers Manchester	34:28	111	765 Anne Rosbottom	L45	15 Wirral Ac	39:18	
22	2505	Rebecca Jackson	L	22 Ealing Eagles	34:30	112	229 Sian Gulliver	L	112 Macclesfield Harriers & Ac	39:19	
23	438	Emma Finney	L35	4 Sale Harriers Manchester	34:32	113	568 Glennis Richardson	L60	2 Stockport Harriers & Ac	39:19	
24	708	Sharon Johnstone	L45	2 Wilmslow Running Club	34:40	114	158 Antonia Marsden	L	114 Didsbury Runners	39:21	
25	280	Alice Stiles	L20	1 Manchester Harriers & Ac	34:47	115	569 Lauren Robinson	L20	8 Stockport Harriers & Ac	39:31	
26	473	Laura Coucill	L35	5 Salford Harriers & AC	34:47	116	176 Andrea Edwards	L50	5 East Cheshire Harriers & Tames	39:34	
27	203	Janet Rashleigh	L55	1 Horwich R M I Harriers	34:54	117	2501 Lucy Rusbridge	L45	16 Congleton H & Ac	39:35	
28	476	L Haywood Percival	L20	2 Salford Harriers & AC	34:55	118	293 Cathy Atkinson	L45	17 Manchester Triathlon Club	39:40	
29	426	Anne Chinoy	L45	3 Sale Harriers Manchester	35:00	119	257 Aleksandra Piekarska	L35	20 Manchester Frontrunners	39:42	
30	440	Zoe Gmerek	L40	3 Sale Harriers Manchester	35:02	120	504 Rhianna Parkinson	L	120 Salford Metropolitan Ac	39:43	
31	552	Emilia Gajda	L20	3 Stockport Harriers & Ac	35:08	121	8 Sarah Clarke	L35	21 Chorlton Runners	39:49	
32	204	Rowen Pymm	L	32 Horwich R M I Harriers	35:11	122	116 Fiona Leslie	L50	6 Chorlton Runners	39:54	
33	650	Sally Woolhouse	L45	4 Trafford Athletic Club	35:19	123	205 A Anderson-Holton	L40	20 Knutsford Tri Club	39:56	
34	704	Louisa Harrison	L45	5 Wilmslow Running Club	35:23	124	486 Anneka Sanders	L35	22 Salford Harriers & AC	40:02	
35	131	Sarah Renshaw	L35	6 Chorlton Runners	35:28	125	143 Alison Wainwright	L35	23 Chorlton Runners	40:02	
36	297	Hannah Bruce	L	36 Manchester Triathlon Club	35:30	126	20 Annie Hirsch	L60	3 Belle Vue Racers	40:04	
37	780	Rozhdestvenskaya	L	37 Sale Harriers Manchester	35:32	127	63 Kate Ledin	L55	7 Buxton AC	40:08	
38	648	Melanie Monks	L	38 Trafford Athletic Club	35:33	128	208 Claire Grimmer	L40	21 Knutsford Tri Club	40:11	
39	231	Sarah Harris	L40	4 Macclesfield Harriers & Ac	35:38	129	125 Olivia Morgan	L	129 Chorlton Runners	40:14	
40	469	Chiara Young	L20	4 Sale Harriers Manchester	35:42	130	759 Lisa Grantham	L45	18 Wirral Ac	40:20	
41	683	Helen Smith	L50	1 Vale Royal Ac	35:44	131	39 Helen Croft	L40	22 Bramhall Runners	40:22	
42	462	Jane Thomas	L	42 Sale Harriers Manchester	35:48	132	323 Claudia RoblesMorse	L40	23 Manchester Triathlon Club	40:25	
43	497	Isobel Giblin	L35	7 Salford Metropolitan Ac	35:50	133	286 Rebecca Gascoyne	L	133 Manchester Metropolitan Uni	40:29	
44	6	Chloe Elliott	L	44 Altrincham & District Athletic	36:00	134	574 Lesley Sinclair	L55	8 Stockport Harriers & Ac	40:35	
45	567	Jennie Pickard	L45	6 Stockport Harriers & Ac	36:04	135	128 Samantha Penn	L	135 Chorlton Runners	40:38	
46	622	Lauren Marsden	L45	7 Swinton Running Club	36:06	136	565 Ruth Murdoch	L45	19 Stockport Harriers & Ac	40:39	
47	61	Debbie Hope	L45	8 Buxton AC	36:08	137	518 Claire Murphy	L40	24 St Helens Tri	40:40	
48	254	Rachel Kenyon	L35	8 Manchester Frontrunners	36:08	138	244 Sue Stockdale	L45	20 Macclesfield Harriers & Ac	40:45	
49	152	Laura Brown	L40	5 Didsbury Runners	36:23	139	464 Louise Tittensor	L40	25 Sale Harriers Manchester	40:46	
50	452	Brien Cara O'	L35	9 Sale Harriers Manchester	36:27	140	746 Sarah Hooks	L	140 Winston Runners	40:47	
51	771	Bethany Garratt	L20	5 Manchester Metropolitan Uni	36:27	141	507 Megan Powell	L	141 Salford Metropolitan Ac	40:48	
52	694	Diane Bygrave	L45	9 Wilmslow Running Club	36:32	142	35 Andrea Buckingham	L50	7 Bramhall Runners	40:52	
53	177	Bethany McManus	L	53 East Cheshire Harriers & Tames	36:33	143	740 Edyta Burgess	L40	26 Winstan Runners	40:58	
54	685	Claire Thompson	L40	6 Vale Royal Ac	36:36	144	554 Jennifer Hulley	L40	27 Stockport Harriers & Ac	41:00	
55	774	Claire Harris	L	55 West Cheshire Athletic Club	36:44	145	187 Wendy Trelease	L45	21 Glossopdale Harriers	41:02	
56	560	Nicola Lloyd	L40	7 Stockport Harriers & Ac	36:46	146	155 Felicity Doe	L	146 Didsbury Runners	41:05	
57	633	Amy-Rose Cauley	L	57 Trafford Athletic Club	36:49	147	541 Amy Barter	L35	24 Stockport Harriers & Ac	41:05	
58	484	Becki Robinson	L35	10 Salford Harriers & AC	36:54	148	564 Sally Meats	L45	22 Stockport Harriers & Ac	41:14	
59	333	Hannah Brierley	L	59 Manchester Ymca Harriers	36:54	149	445 Catherine Jones	L40	28 Sale Harriers Manchester	41:14	
60	457	Sian Rowley	L40	8 Sale Harriers Manchester	36:59	150	439 Mia Gibbons	L20	9 Sale Harriers Manchester	41:21	
61	311	Deirdre McCarthy	L35	11 Manchester Triathlon Club	37:00	151	391 Sarah Stutchfield	L40	29 Marple Runners	41:25	
62	202	Kimberley Chadderton	L	62 Horwich R M I Harriers	37:01	152	334 Gail Brierley	L65	2 Manchester Ymca Harriers	41:32	
63	652	Matilda Green	L20	6 University Of Manchester	37:03	153	453 Carla Ousey	L45	23 Sale Harriers Manchester	41:42	
64	189	Chloe Abbott	L	64 Goyt Valley Striders	37:05	154	84 Charlotte Cameron	L40	30 Chorlton Runners	41:48	
65	658	Sophie Ralston	L	65 University Of Manchester	37:08	155	580 Amanda Wolstenholme	L45	24 Stockport Harriers & Ac	41:49	
66	629	Hermione Oakley	L	66 Swinton Running Club	37:22	156	772 Jenny Murphy	L20	10 Manchester Metropolitan Uni	41:50	
67	295	Fiona Blagg	L	67 Manchester Triathlon Club	37:24	157	376 Chelsea Mears	Graham	L157	Marple Runners	41:51
68	10	Beverley Jackson	L55	2 Altrincham & District Athletic	37:24	158	95 Nicky Dobra	L	158 Chorlton Runners	41:52	
69	764	Sarah Phelan	L35	12 Wirral Ac	37:35	159	544 Fiona Cooke	L50	8 Stockport Harriers & Ac	41:54	
70	428	Beatrice Cordingley	L	70 Sale Harriers Manchester	37:38	160	294 Sophie Barnett	L40	31 Manchester Triathlon Club	41:56	
71	475	Sally Dewhurst	L	71 Salford Harriers & AC	37:39	161	632 Ruth Beresford	L	161 Trafford Athletic Club	42:00	
72	630	Maria Wylenzek	L35	13 Swinton Running Club	37:40	162	224 Catharine Crossley	L35	25 Macclesfield Harriers & Ac	42:02	
73	430	Victoria Cordingley	L35	14 Sale Harriers Manchester	37:42	163	306 Nanette Heystek	L	163 Manchester Triathlon Club	42:03	
74	214	Kate Mills	L40	9 Knutsford Tri Club	37:43	164	56 Joanne Cudahy	L45	25 Buxton AC	42:03	
75	236	Anne-Marie Jones	L65	1 Macclesfield Harriers & Ac	37:43	165	283 Wendy Woodhead	L35	26 Manchester Harriers & Ac	42:05	
76	48	Vikki Murphy	L45	10 Bramhall Runners	37:45	166	258 Linda Rix	L55	9 Manchester Frontrunners	42:06	
77	566	Imogen Nutter	L	77 Stockport Harriers & Ac	37:47	167	684 Mary Tavener	L55	10 Vale Royal Ac	42:08	
78	737	Laura Bell	L35	15 Winston Runners	37:50	168	33 Lois Brooks	L	168 Bramhall Runners	42:11	
79	441	Sarah Goulden	L	79 Sale Harriers Manchester	37:51	169	24 Philippa Robinson	L35	27 Belle Vue Racers	42:18	
80	766	Bree Sutcliffe	L40	10 Wirral Ac	37:55	170	563 Estelle McGuire	L50	9 Stockport Harriers & Ac	42:19	
81	429	J Cordingley	L60	1 Sale Harriers Manchester	38:01	171	413 Caroline Bartholomew	L35	28 Oldham & Royton H & Ac	42:21	
82	553	Louise Geldart	L	82 Stockport Harriers & Ac	38:02	172	447 Amelie Latham	L35	29 Sale Harriers Manchester	42:23	
83	542	Rebecca Brimage	L40	11 Stockport Harriers & Ac	38:04	173	619 Denise Irving	L40	32 Swinton Running Club	42:24	
84	191	S Fanthorpe Smith	L40	12 Goyt Valley Striders	38:04	174	267 Lindsey Farrelly	L40	33 Manchester Harriers & Ac	42:25	
85	627	Helen Nation	L40	13 Swinton Running Club	38:05	175	255 Selena Lockyer	L35	30 Manchester Frontrunners	42:26	
86	459	Suzanne Smith	L40	14 Sale Harriers Manchester	38:11	176	32 Sam Blacow	L	176 Bramhall Runners	42:28	
87	634	Claire Chaffer	L40	15 Trafford Athletic Club	38:13	177	240 Elaine Pettie	L45	26 Macclesfield Harriers & Ac	42:28	
88	701	Sally Gilliver	L55	3 Wilmslow Running Club	38:14	178	742 Jayne Cordingley	L40	34 Winston Runners	42:30	
89	12	Steph Thompson	L50	2 Altrincham & District Athletic	38:15	179	577 Helen Todd	L65	3 Stockport Harriers & Ac	42:30	
90	543	Sarah Brown	L45	11 Stockport Harriers & Ac	38:17	180	195 Mary Jones	L45	27 Goyt Valley Striders	42:34	
91	406	Michelle Hushion	L50	3 Middleton Harriers Ac	38:22	181	608 Rhona Barker	L45	28 Swinton Running Club	42:34	

182	317	Kathryn O'Shea	L	182	Manchester Triathlon Club	42:34	233	773	Alexandra Duffey	L45	41	West Cheshire Athletic Club	47:06
183	27	Rachel Watson	L40	35	Belle Vue Racers	42:37	234	779	Jane Hughes	L50	19	Manchester Harriers & Ac	47:12
184	262	Caroline Baba	L40	36	Manchester Harriers & Ac	42:48	235	367	Claire Hardy	L60	6	Marple Runners	47:24
185	36	Caroline Canty	L45	29	Bramhall Runners	42:55	236	394	Susan Warnock	L	236	Marple Runners	47:30
186	45	Andrea Lees	L45	30	Bramhall Runners	42:56	237	330	Lauren Williamson	L	237	Manchester Triathlon Club	47:34
187	197	Linette Ruston	L40	37	Goyt Valley Striders	43:07	238	607	Kerry Adamsbaum	L40	44	Swinton Running Club	47:45
188	726	Vicky Anderson	L45	31	Wilmslow Striders	43:09	239	30	Sarah Beattie	L45	42	Bramhall Runners	47:57
189	508	Rachel Sate	L	189	Salford Metropolitan Ac	43:11	240	206	Hannah Bassirat	L	240	Knutsford Tri Club	48:13
190	362	Elise Evans	L45	32	Marple Runners	43:11	241	66	Elizabeth Nocton	L40	45	Buxton AC	48:26
191	327	Marianne Veighey	L45	33	Manchester Triathlon Club	43:14	242	372	Emma Loveridge	L35	36	Marple Runners	48:36
192	51	Breeshey Smith	L50	10	Bramhall Runners	43:15	243	410	Donna Howatson	L45	43	Middleton Harriers Ac	48:52
193	687	Leanne Astbury	L35	31	Warrington A C	43:18	244	745	Diana Evans	L60	7	Winston Runners	49:02
194	310	S MawbeyJeffries	L40	38	Manchester Triathlon Club	43:21	245	531	Sarah Kennedy	L	245	Start2jog	49:23
195	717	Kathryn Patrick	L50	11	Wilmslow Running Club	43:24	246	549	Alexis Dinsmor	L70	1	Stockport Harriers & Ac	49:28
196	138	Katie Syrett	L40	39	Chorlton Runners	43:26	247	261	Melissa Whitworth	L45	44	Manchester Frontrunners	49:36
197	58	Heather FryerWinder	L50	12	Buxton AC	43:32	248	65	Charlie Narejko	L35	37	Buxton AC	49:39
198	458	Lynda Rowlinson	L55	11	Sale Harriers Manchester	43:35	249	744	Charlotte Dean	L35	38	Winston Runners	49:52
199	400	Sharon Goldrick	L40	40	Middleton Harriers Ac	43:39	250	358	Cressida Crabtree	L35	39	Marple Runners	49:55
200	281	Jane Stiles	L50	13	Manchester Harriers & Ac	43:43	251	610	Carmel Campbell	L40	46	Swinton Running Club	49:59
201	25	Janet Shepherd	L50	14	Belle Vue Racers	43:48	252	69	Sarah Soles	L50	20	Buxton AC	50:07
202	425	Helen Carter	L35	32	Sale Harriers Manchester	43:50	253	292	Gillian Aspin	L45	45	Manchester Triathlon Club	50:12
203	337	Emma Elmerhebi	L45	34	Manchester Ymca Harriers	43:53	254	513	Mandy Webber	L50	21	Salford Metropolitan Ac	50:16
204	466	Caroline Wheeler	L	204	Sale Harriers Manchester	43:53	255	754	Gaynor Williams	L45	46	Winston Runners	50:22
205	609	Rachel Billington	L35	33	Swinton Running Club	43:58	256	405	Janet Hunt	L50	22	Middleton Harriers Ac	50:24
206	720	Huma Rahman	L50	15	Wilmslow Running Club	44:00	257	339	Jill Guthrie	L35	40	Manchester Ymca Harriers	50:37
207	338	Stephanie Goodchild	L50	16	Manchester Ymca Harriers	44:08	258	365	Taylor Giacoma	L40	47	Marple Runners	50:46
208	743	Angela Cunningham	L45	35	Winston Runners	44:09	259	233	Rachel Heslop	L40	48	Macclesfield Harriers & Ac	51:00
209	271	Catherine Jones	L50	17	Manchester Harriers & Ac	44:11	260	374	Claire Lynch	L45	47	Marple Runners	51:14
210	392	Lea Taylor	L	210	Marple Runners	44:35	261	111	Claire Howarth	L35	41	Chorlton Runners	51:25
211	640	Sue Exon	L65	4	Trafford Athletic Club	44:37	262	393	Fiona Thomas	L50	23	Marple Runners	51:35
212	212	Mairi McCloskey	L50	18	Knutsford Tri Club	44:41	263	738	Victoria Birrane	L	263	Winston Runners	52:07
213	232	Saranya Hasler	L35	34	Macclesfield Harriers & Ac	44:44	264	686	Carole Williams	L65	5	Vale Royal Ac	52:42
214	273	Ann McLaughlin	L55	12	Manchester Harriers & Ac	44:46	265	62	Sue Jeff	L55	15	Buxton AC	52:50
215	529	Kaylea Haynes	L	215	Start2jog	44:57	266	210	Victoria Keegan	L35	42	Knutsford Tri Club	53:02
216	548	Lyndsey Crombleholme	L45	36	Stockport Harriers & Ac	44:59	267	751	Lauren Reid	L	267	Winston Runners	53:08
217	735	Susan Bates	L55	13	Winston Runners	45:03	268	57	Rachel Dowle	L45	48	Buxton AC	53:25
218	160	Louise Rankin	L	218	Didsbury Runners	45:07	269	530	Jamielee Johnston	L	269	Start2jog	53:49
219	17	Karen Charters	L45	37	Belle Vue Racers	45:20	270	747	Jana Julinkova	L45	49	Winston Runners	54:31
220	397	Fiona Bolton	L60	4	Middleton Harriers Ac	45:31	271	171	Margot Maybury	L50	24	Dragons Running Club (sale)	54:33
221	175	Catherine Daley	L40	41	East Cheshire Harriers & Tames	45:39	272	617	Cheryl Honeybourne	L40	49	Swinton Running Club	54:51
222	91	Caroline Crosswell	L40	42	Chorlton Runners	45:48	273	527	Karon Edmunds	L45	50	Start2jog	55:10
223	168	Joanne Healy	L45	38	Dragons Running Club (sale)	45:52	274	382	Rachel Myers	L	274	Marple Runners	55:19
224	559	Rebecca Livsey	L	224	Stockport Harriers & Ac	45:59	275	534	Susan May	L45	51	Start2jog	56:40
225	71	Hannah Ahle	L	225	Chorlton Runners	46:05	276	356	Jenny Brown	L50	25	Marple Runners	56:48
226	600	Claire Northcote	L55	14	Styal Running Club	46:05	277	46	Melanie Li	L50	26	Bramhall Runners	56:58
227	383	Anna Oxley	L35	35	Marple Runners	46:13	278	377	Cathryn Melia	L50	27	Marple Runners	57:14
228	357	Amanada Collinge	L45	39	Marple Runners	46:13	279	47	Morag Morgan	L65	6	Bramhall Runners	57:30
229	288	Grace O'Neill	L	229	Manchester Metropolitan Uni	46:49	280	593	Claire Rayner	L35	43	Stockport Tri Club	1:00:48
230	19	Julia Foy	L45	40	Belle Vue Racers	46:54	281	408	Jennifer Laptew	L35	44	Middleton Harriers Ac	1:01:53
231	238	Barbara Murray	L60	5	Macclesfield Harriers & Ac	47:00	282	736	Lisa Beattie	L45	52	Winston Runners	1:04:40
232	132	Fiona Roberts	L40	43	Chorlton Runners	47:02	283	34	Helen Brown	L45	53	Bramhall Runners	1:04:54

## Senior Women - Ladies — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Sale Harriers Manchester	45	—	1 Danielle Fegan	5 Sophie Wood	18 Jenny Evans	21 Hayley Ashby
2 Trafford Athletic Club	79	—	2 Vicki Cronin	8 Sarah Hudak	32 Sally Woolhouse	37 Melanie Monks
3 Chorlton Runners	82	—	12 Siobhan Woods	16 Frances Liddell	20 Ingrid Storm	34 Sarah Renshaw
4 Wilmslow Running Club	113	—	6 Claire Clancy	23 Sharon Johnstone	33 Louisa Harrison	51 Diane Bygrave
5 Sale Harriers Manchester 'B'	115	—	22 Emma Finney	28 Anne Chinoy	29 Zoe Gmerek	36 R Rozhdstvenskaya
6 Salford Harriers & AC	119	—	10 Ruth Jones	25 Laura Coucill	27 L HaywoodPercival	57 Becki Robinson
7 Stockport Harriers & Ac	132	—	3 Louise Rudd	30 Emilia Gajda	44 Jennie Pickard	55 Nicola Lloyd
8 Manchester Metropolitan Uni	169	—	4 Emily Bullis	9 Leah Peploe	50 Bethany Garratt	106 Anja CoxCunningham
9 Wirral Ac	171	—	11 Katie Bagley	13 Sarah Kearney	68 Sarah Phelan	79 Bree Sutcliffe
10 Sale Harriers Manchester 'C'	188	—	39 Chiara Young	41 Jane Thomas	49 Brien Cara O'	59 Sian Rowley
11 Swinton Running Club	265	—	45 Lauren Marsden	65 Hermione Oakley	71 Maria Wylenzek	84 Helen Nation
12 East Cheshire Harriers & Tames	267	—	17 Hayley Simpson	52 Bethany McManus	93 Sally Teague	105 Karen Fleming
13 Manchester Triathlon Club	277	—	35 Hannah Bruce	60 Deirdre McCarthy	66 Fiona Blagg	116 Cathy Atkinson
14 Altrincham & District Athletic	289	—	43 Chloe Elliott	67 Beverley Jackson	88 Steph Thompson	91 Fiona Cosgrove
15 Sale Harriers Manchester 'D'	299	—	69 Beatrice Cordingley	72 Victoria Cordingley	78 Sarah Goulden	80 J Cordingley
16 Macclesfield Harriers & Ac	326	—	38 Sarah Harris	74 Anne-Marie Jones	103 Catherine Voyce	111 Sian Gulliver
17 Stockport Harriers & Ac 'B'	328	—	76 Imogen Nutter	81 Louise Geldart	82 Rebecca Brimage	89 Sarah Brown
18 Knutsford Tri Club	334	—	14 Natalie Stonell	73 Kate Mills	121 A Anderson-Holton	126 Claire Grimmer
19 Buxton AC	365	—	46 Debbie Hope	95 Tania Wilson	99 Katie Rolfe	125 Kate Ledin
20 Trafford Athletic Club 'B'	402	—	56 Amy-Rose Cauley	86 Claire Chaffer	101 Louise Mangan	159 Ruth Beresford
21 Didsbury Runners	413	—	48 Laura Brown	108 Yvonne Hung	113 Antonia Marsden	144 Felicity Doe
22 Manchester Ymca Harriers	424	—	15 Heather Hughes	58 Hannah Brierley	150 Gail Brierley	201 Emma Elmerhebi
23 Manchester Fronrunners	426	—	47 Rachel Kenyon	98 Jacqui Baines	117 Aleksandra Piekarska	164 Linda Rix
24 Chorlton Runners 'B'	428	—	96 Gemma Larkin	104 Melanie Williamson	109 Samantha Hartley	119 Sarah Clarke
25 Bramhall Runners	446	—	75 Vikki Murphy	102 Helen Rennie	129 Helen Croft	140 Andrea Buckingham
26 Stockport Harriers & Ac 'C'	450	—	92 Maureen Wilkins	112 Glennis Richardson	114 Lauren Robinson	132 Lesley Sinclair
27 Sale Harriers Manchester 'E'	469	—	85 Suzanne Smith	100 Wendy Terry	137 Louise Tittensor	147 Catherine Jones
28 Salford Metropolitan Ac	486	—	42 Isobel Giblin	118 Rhianna Parkinson	139 Megan Powell	187 Rachel Sate
29 Chorlton Runners 'C'	503	—	120 Fiona Leslie	123 Alison Wainwright	127 Olivia Morgan	133 Samantha Penn
30 Goyt Valley Striders	509	—	63 Chloe Abbott	83 S FanthorpeSmith	178 Mary Jones	185 Lnetite Ruston
31 Vale Royal Ac	520	—	40 Helen Smith	53 Claire Thompson	165 Mary Tavener	262 Carole Williams
32 Winston Runners	532	—	77 Laura Bell	138 Sarah Hooks	141 Edyta Burgess	176 Jayne Cordingley
33 Manchester Harriers & Ac	541	—	24 Alice Stiles	163 Wendy Woodhead	172 Lindsey Farrelly	182 Caroline Baba
34 Stockport Harriers & Ac 'D'	567	—	134 Ruth Murdoch	142 Jennifer Hulley	145 Amy Barter	146 Sally Meats
35 Wilmslow Running Club 'B'	591	—	87 Sally Gilliver	107 Tracy Bown	193 Kathryn Patrick	204 Huma Rahman
36 Manchester Triathlon Club 'B'	629	—	130 Claudia RoblesMorse	158 Sophie Barnett	161 Nanette Heystek	180 Kathryn O'Shea
37 Swinton Running Club 'B'	647	—	94 Rebecca Mills	171 Denise IrvingLang	179 Rhona Barker	203 Rachel Billington
38 Stockport Harriers & Ac 'E'	655	—	153 Amanda Wolstenholme	157 Fiona Cooke	168 Estelle McGuire	177 Helen Todd
39 Sale Harriers Manchester 'F'	665	—	148 Mia Gibbons	151 Carla Ousey	170 Amelie Latham	196 Lynda Rowlinson
40 Belle Vue Racers	671	—	124 Annie Hirsch	167 Philippa Robinson	181 Rachel Watson	199 Janet Shepherd
41 Macclesfield Harriers & Ac 'B'	682	—	136 Sue Stockdale	160 Catharine Crossley	175 Elaine Pettie	211 Saranya Hasler
42 Marple Runners	700	—	149 Sarah Stutchfield	155 Chelsea MearsGraham	188 Elise Evans	208 Lea Taylor
43 Bramhall Runners 'B'	707	—	166 Lois Brooks	174 Sam Blacow	183 Caroline Canty	184 Andrea Lees
44 Chorlton Runners 'D'	722	—	152 Charlotte Cameron	156 Nicky Dobra	194 Katie Syrett	220 Caroline Crosswell
45 Middleton Harriers Ac	746	—	90 Michelle Hushion	197 Sharon Goldrick	218 Fiona Bolton	241 Donna Howatson
46 Buxton AC 'B'	842	—	162 Joanne Cudahy	195 Heather FryerWinder	239 Elizabeth Nocton	246 Charlie Narejko
47 Manchester Harriers & Ac 'B'	849	—	198 Jane Stiles	207 Catherine Jones	212 Ann McLaughlin	232 Jane Hughes
48 Manchester Triathlon Club 'C'	867	—	189 Marianne Veighey	192 S MawbeyJeffries	235 Lauren Williamson	251 Gillian Aspin
49 Winston Runners 'B'	910	—	206 Angela Cunningham	215 Susan Bates	242 Diana Evans	247 Charlotte Dean
50 Marple Runners 'B'	918	—	225 Anna Oxley	226 Amanada Collinge	233 Claire Hardy	234 Susan Warnock
51 Bramhall Runners 'C'	979	—	190 Breeshey Smith	237 Sarah Beattie	275 Melanie Li	277 Morag Morgan
52 Start2jog	994	—	213 Kaylea Haynes	243 Sarah Kennedy	267 Jamielee Johnston	271 Karon Edmunds
53 Marple Runners 'C'	1002	—	240 Emma Loveridge	248 Cressida Crabtree	256 Taylor Giacoma	258 Claire Lynch
54 Winston Runners 'C'	1047	—	253 Gaynor Williams	261 Victoria Birrane	265 Lauren Reid	268 Jana Julinkova
55 Marple Runners 'D'	1082	—	260 Fiona Thomas	272 Rachel Myers	274 Jenny Brown	276 Cathryn Melia

## Senior Women - Ladies (Vets) — TEAMRESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Sale Harriers Manchester	24	—	6	Hayley Ashby	7	Emma Finney	11	Anne Chinoy
2	Wirral Ac	37	—	2	Katie Bagley	3	Sarah Kearney	32	Sarah Phelan
3	Wilmslow Running Club	47	—	8	Sharon Johnstone	14	Louisa Harrison	25	Diane Bygrave
4	Stockport Harriers & Ac	47	—	1	Louise Rudd	19	Jennie Pickard	27	Nicola Lloyd
5	Sale Harriers Manchester 'B'	65	—	12	Zoe Gmerek	24	Brien Cara O'	29	Sian Rowley
6	Chorlton Runners	74	—	5	Ingrid Storm	15	Sarah Renshaw	54	Gemma Larkin
7	Swinton Running Club	96	—	20	Lauren Marsden	33	Maria Wylenzek	43	Helen Nation
8	Salford Harriers & AC	110	—	9	Laura Coucill	28	Becki Robinson	73	Anneka Sanders
9	Macclesfield Harriers & Ac	112	—	16	Sarah Harris	36	Anne-Marie Jones	60	Catherine Voyce
10	Trafford Athletic Club	117	—	13	Sally Woolhouse	45	Claire Chaffer	59	Louise Mangan
11	Sale Harriers Manchester 'C'	118	—	34	Victoria Cordingley	40	J Cordingley	44	Suzanne Smith
12	Altrincham & District Athletic	128	—	31	Beverley Jackson	47	Steph Thompson	50	Fiona Cosgrove
13	Buxton AC	131	—	21	Debbie Hope	53	Tania Wilson	57	Katie Rolfe
14	Stockport Harriers & Ac 'B'	140	—	41	Rebecca Brimage	48	Sarah Brown	51	Maureen Wilkins
15	Manchester Frontrunners	147	—	22	Rachel Kenyon	56	Jacqui Baines	69	Aleksandra Piekarska
16	Vale Royal Ac	147	—	17	Helen Smith	26	Claire Thompson	104	Mary Tavener
17	Manchester Triathlon Club	178	—	30	Deirdre McCarthy	68	Cathy Atkinson	80	Claudia RoblesMorse
18	Wirral Ac 'B'	182	—	39	Bree Sutcliffe	65	Anne Rosbottom	78	Lisa Grantham
19	Knutsford Tri Club	184	—	35	Kate Mills	72	A Anderson-Holton	77	Claire Grimmer
20	Chorlton Runners 'B'	202	—	61	Melanie Williamson	70	Sarah Clarke	71	Fiona Leslie
21	Bramhall Runners	202	—	37	Vikki Murphy	79	Helen Croft	86	Andrea Buckingham
22	Stockport Harriers & Ac 'C'	229	—	66	Glennis Richardson	81	Lesley Sinclair	82	Ruth Murdoch
23	Sale Harriers Manchester 'D'	235	—	58	Wendy Terry	85	Louise Tittensor	92	Catherine Jones
24	Wilmslow Running Club 'B'	237	—	46	Sally Gilliver	63	Tracy Bown	128	Kathryn Patrick
25	Winston Runners	238	—	38	Laura Bell	87	Edyta Burgess	113	Jayne Cordingley
26	Stockport Harriers & Ac 'D'	269	—	88	Jennifer Hulley	90	Amy Barter	91	Sally Meats
27	Swinton Running Club 'B'	277	—	52	Rebecca Mills	109	Denise IrvingLang	116	Rhona Barker
28	Goyt Valley Striders	278	—	42	S FanthorpeSmith	115	Mary Jones	121	Linette Ruston
29	East Cheshire Harriers & Tames	279	—	62	Karen Fleming	67	Andrea Edwards	150	Catherine Daley
30	Macclesfield Harriers & Ac 'B'	296	—	84	Sue Stockdale	100	Catharine Crossley	112	Elaine Pettie
31	Belle Vue Racers	297	—	75	Annie Hirsch	105	Philippa Robinson	117	Rachel Watson
32	Chorlton Runners 'C'	299	—	74	Alison Wainwright	96	Charlotte Cameron	129	Katie Syrett
33	Stockport Harriers & Ac 'E'	301	—	97	Amanda Wolstenholme	98	Fiona Cooke	106	Estelle McGuire
34	Buxton AC 'B'	307	—	76	Kate Ledin	101	Joanne Cudahy	130	Heather FryerWinder
35	Manchester Harriers & Ac	330	—	102	Wendy Woodhead	110	Lindsey Farrelly	118	Caroline Baba
36	Middleton Harriers Ac	330	—	49	Michelle Hushion	132	Sharon Goldrick	149	Fiona Bolton
37	Sale Harriers Manchester 'E'	334	—	95	Carla Ousey	108	Amelie Latham	131	Lynda Rowlinson
38	Manchester Triathlon Club 'B'	350	—	99	Sophie Barnett	124	Marianne Veighey	127	S MawbeyJeffries
39	Bramhall Runners 'B'	364	—	119	Caroline Canty	120	Andrea Lees	125	Breeshey Smith
40	Manchester Ymca Harriers	369	—	94	Gail Brierley	136	Emma Elmerhebi	139	Stephanie Goodchild
41	Marple Runners	370	—	93	Sarah Stutchfield	123	Elise Evans	154	Anna Oxley
42	Manchester Frontrunners 'B'	383	—	103	Linda Rix	111	Selena Lockyer	169	Melissa Whitworth
43	Manchester Harriers & Ac 'B'	419	—	133	Jane Stiles	141	Catherine Jones	145	Ann McLaughlin
44	Stockport Harriers & Ac 'F'	428	—	114	Helen Todd	146	Lyndsey Crombleholme	168	Alexis Dinsmor
45	Belle Vue Racers 'B'	438	—	134	Janet Shepherd	148	Karen Charters	156	Julia Foy
46	Winston Runners 'B'	454	—	140	Angela Cunningham	147	Susan Bates	167	Diana Evans
47	Swinton Running Club 'C'	472	—	137	Rachel Billington	162	Kerry Adamsbaum	173	Carmel Campbell
48	Marple Runners 'B'	481	—	155	Amanada Collinge	161	Claire Hardy	165	Emma Loveridge
49	Macclesfield Harriers & Ac 'C'	482	—	144	Saranya Hasler	157	Barbara Murray	181	Rachel Heslop
50	Chorlton Runners 'D'	492	—	151	Caroline Crosswell	158	Fiona Roberts	183	Claire Howarth
51	Buxton AC 'C'	508	—	164	Elizabeth Nocton	170	Charlie Narejko	174	Sarah Soles
52	Marple Runners 'C'	534	—	172	Cressida Crabtree	180	Taylor Giacomia	182	Claire Lynch
53	Winston Runners 'C'	537	—	171	Charlotte Dean	177	Gaynor Williams	189	Jana Julinkova
54	Middleton Harriers Ac 'B'	543	—	166	Donna Howatson	178	Janet Hunt	199	Jennifer Laptew
55	Bramhall Runners 'C'	555	—	163	Sarah Beattie	195	Melanie Li	197	Morag Morgan
56	Marple Runners 'D'	574	—	184	Fiona Thomas	194	Jenny Brown	196	Cathryn Melia

# Manchester Area Cross Country League at Wythenshawe Park on Saturday 12th October 2019

## Senior Men aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time
1	676	Gamar Adam	U20 1	Salford Harriers & AC	32:30
2	987	Arlo Ludewick	U20 2	University Of Manchester	32:49
3	733	Robert Smyk	U20 3	Salford Harriers & AC	33:04
4	975	Cynog Williams	U20 4	Trafford Athletic Club	33:30
5	1140	Najib Hassan	U20 5	Sale Harriers Manchester	33:34
6	860	Lucas Parker	U20 6	Stockport Harriers & Ac	35:00
7	632	Shaun Gee	U20 7	Sale Harriers Manchester	35:06
8	968	Harry Sinclair	U20 8	Trafford Athletic Club	35:10
9	974	Jack Wilkinson	U20 9	Trafford Athletic Club	36:14
10	387	Peter Goodfellow	U20 10	Macclesfield Harriers & Ac	36:36
11	1141	Sam Heyworth	U20 11	Sale Harriers Manchester	36:54
12	993	Louis Wardle	U20 12	University Of Manchester	37:22
13	870	Karl Taylor	U20 13	Stockport Harriers & Ac	38:46
14	737	Charlie Thomas	U20 14	Salford Harriers & AC	39:09
15	760	Dougal McDermott	U20 15	Salford Metropolitan Ac	39:14
16	263	Callum Brierley	U20 16	East Cheshire Harriers & Tames	39:36
17	701	Joseph Foster	U20 17	Salford Harriers & AC	40:45
18	819	Josiah Isherwood	U20 18	Start2jog	41:36
19	712	Daniel Lewis	U20 19	Salford Harriers & AC	42:02
20	845	Bradley Freeman	U20 20	Stockport Harriers & Ac	42:09
21	980	Ewan Egan	U20 21	University Of Manchester	42:23
22	979	Arun Dahil	U20 22	University Of Manchester	43:12

## Senior Men aged 17 to 19 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Salford Harriers & AC	18	—	1	Gamar Adam	3	Robert Smyk	14	Charlie Thomas
2	Trafford Athletic Club	21	—	4	Cynog Williams	8	Harry Sinclair	9	Jack Wilkinson
3	Sale Harriers Manchester	23	—	5	Najib Hassan	7	Shaun Gee	11	Sam Heyworth
4	University Of Manchester	35	—	2	Arlo Ludewick	12	Louis Wardle	21	Ewan Egan
5	Stockport Harriers & Ac	39	—	6	Lucas Parker	13	Karl Taylor	20	Bradley Freeman

## Senior Men aged 20 to 39

Pos	Num	Name	Cat/Pos	Club	Time
1	951	Jay Ferns		Trafford Athletic Club	31:52
2	728	Callum Rowlinson		Salford Harriers & AC	32:01
3	338	James Kevan		Horwich R M I Harriers	32:33
4	37	Andrew Norman		Altrincham & District Athletic	32:47
5	855	Jack Morris		Stockport Harriers & Ac	32:50
6	1142	Will Onek		Sale Harriers Manchester	32:56
7	725	David Rigby		Salford Harriers & AC	32:59
8	611	Nicholas Barry		Sale Harriers Manchester	33:09
9	341	Phil Marsden		Horwich R M I Harriers	33:21
10	343	Joe Mercer		Horwich R M I Harriers	33:29
11	962	Simon O'Meara		Trafford Athletic Club	33:36
12	680	Will Beauchamp		Salford Harriers & AC	33:59
13	992	Alex Sutton		University Of Manchester	34:09
14	614	Alex Bradford		Sale Harriers Manchester	34:11
15	273	Joseph Hudak		East Cheshire Harriers & Tames	34:22
16	51	Gareth Turner		Altrincham & District Athletic	34:28
17	2504	\$Tim Hartley		Wigan & District H & Ac	34:34
18	714	Bruno Lima		Salford Harriers & AC	34:43
19	18	Adam Gooch		Altrincham & District Athletic	34:53
20	970	Gavin Tomlinson		Trafford Athletic Club	34:56
21	264	Gavin Browne		East Cheshire Harriers & Tames	35:01
22	643	Kenneth Hunt		Sale Harriers Manchester	35:04
23	1139	Daniel Gray		Sale Harriers Manchester	35:04
24	836	Michael Cooke		Stockport Harriers & Ac	35:43
25	183	F MacdonaldOulds		Chorlton Runners	35:47
26	154	Will Fossard		Chorlton Runners	35:50
27	185	Sam Mason		Chorlton Runners	35:56
28	642	David Howlett		Sale Harriers Manchester	36:06
29	421	Martin Dunn		Manchester Frontrunners	36:09
30	1129	Arran McCloskey		Knutsford Tri Club	36:14
31	919	Daniel Bird		Swinton Running Club	36:16
32	241	Steven Townley		Didsbury Runners	36:26
33	984	Joseph Howe		University Of Manchester	36:34
34	599	Michael Mannings		Oldham & Royton H & Ac	36:38
35	990	Marcus Preedy		University Of Manchester	36:40
36	989	Harry Parker		University Of Manchester	36:52
37	623	Ibrahimia Diallo		Sale Harriers Manchester	36:52
38	893	Carl Krystek		Stockport Tri Club	36:59
39	271	James Hartshorne		East Cheshire Harriers & Tames	37:12
40	844	Alec Francis		Stockport Harriers & Ac	37:20
41	4	Michael Berks		Altrincham & District Athletic	37:24
42	969	Matthew Sutton		Trafford Athletic Club	37:26
43	633	Tom Gough		Sale Harriers Manchester	37:27
44	971	James Wall		Trafford Athletic Club	37:27
45	991	Laurence Skidmore		University Of Manchester	37:27
46	178	Jonathan Lancaster		Chorlton Runners	37:32
47	325	Jonathan Bruton		Horwich R M I Harriers	37:34
48	646	Dominic Jones		Sale Harriers Manchester	37:38
49	1083	Robert Jackson		Wilmslow Running Club	37:42
50	679	Paul Bannister		Salford Harriers & AC	37:50
51	56	John Haines		Belle Vue Racers	37:53
52	705	Michael Heaney		Salford Harriers & AC	37:55
53	160	Patrick Goodrich		Chorlton Runners	37:58
54	23	Adam Hindmarch		Altrincham & District Athletic	38:00
55	668	Chris Tait		Sale Harriers Manchester	38:00
56	128	Oliver Bernstein		Chorlton Runners	38:08
57	861	Tom Peers		Stockport Harriers & Ac	38:12
58	786	Robert Chesters		St Helens Tri	38:12
59	413	Gregory Beck		Manchester Frontrunners	38:24
60	995	Lee Carrington		Vale Royal Ac	38:35
61	7	Nick Bugler		Altrincham & District Athletic	38:50
62	717	Jack Luscombe		Salford Harriers & AC	38:59
63	580	Jorden Burke		Middleton Harriers Ac	39:03
64	106	David Fryer-Winder		Buxton AC	39:05
65	947	Dan Atkinson		Trafford Athletic Club	39:16
66	922	Ian Cronshaw		Swinton Running Club	39:19
67	608	Nathan Ball		Sale Harriers Manchester	39:21
68	236	Damien McHugh		Didsbury Runners	39:27
69	703	Grant GunnAnderson		Salford Harriers & AC	39:35
70	211	Stephen Smith		Chorlton Runners	39:37
71	610	Paul Barrett		Sale Harriers Manchester	39:40
72	232	Matthew Gittins		Didsbury Runners	39:54
73	237	Mike Norbury		Didsbury Runners	40:00
74	314	Nathan Porter		Goyt Valley Striders	40:06
75	630	Duane Gaunt		Sale Harriers Manchester	40:10
76	388	Robert Hasler		Macclesfield Harriers & Ac	40:14
77	397	James Perry		Macclesfield Harriers & Ac	40:16
78	593	John Weaver		Middleton Harriers Ac	40:36
79	230	Martin Carolan		Didsbury Runners	40:39
80	624	Conor Donaghy		Sale Harriers Manchester	40:41
81	152	Anthony Everitt		Chorlton Runners	40:43
82	650	David Marsh		Sale Harriers Manchester	40:48
83	510	Murray Taylor		Manchester Triathlon Club	41:03
84	603	Phil Pennill		Quays Running Club	41:04
85	1120	Peter Williams		Wilmslow Striders	41:32
86	167	Colin Hines		Chorlton Runners	41:32
87	198	Alexander Pigott		Chorlton Runners	41:35
88	822	Stuart Nock		Start2jog	41:43
89	1160	Thomas Rogers		Belle Vue Racers	41:44
90	43	James Pattison		Altrincham & District Athletic	41:49
91	57	Paul Minton		Belle Vue Racers	41:55
92	1130	Chris Gwatkin		Manchester Harriers & Ac	42:06
93	233	Colin Hill		Didsbury Runners	42:21
94	986	Matt LePoidevin		University Of Manchester	42:32
95	475	Joseph Brennan		Manchester Triathlon Club	42:49
96	22	Jonathan Hart		Altrincham & District Athletic	42:50
97	2503	\$John Roper		Unattached	42:58
98	699	Mark Egerton		Salford Harriers & AC	43:00
99	530	Chris March		Manchester Ymca Harriers	43:00
100	304	James Hobson		Goyt Valley Striders	43:12
101	226	Stephen Welch		Chorlton Runners	43:15
102	508	Pete Smallwood		Manchester Triathlon Club	43:15
103	649	Simon Latham		Sale Harriers Manchester	43:18
104	931	Mathew Holland		Swinton Running Club	43:23
105	83	Damian Jones		Bramhall Runners	43:25
106	463	Neil Ryan		Manchester Harriers & Ac	43:29
107	670	Luke Townsend		Sale Harriers Manchester	43:56
108	517	James Willard		Manchester Triathlon Club	43:58
109	797	Mike Gregory		St Helens Tri	44:06
110	364	John Keegan		Knutsford Tri Club	44:11
111	446	Edmund Woodfield		Manchester Frontrunners	44:25
112	889	Rob Heathcote		Stockport Tri Club	44:48
113	746	Michael Carney		Salford Metropolitan Ac	45:31
114	422	Andrew Fergusson		Manchester Frontrunners	45:36
115	880	Benjamin Charles		Stockport Tri Club	45:43
116	133	Paul Brown		Chorlton Runners	46:03
117	512	Richard Tennant		Manchester Triathlon Club	46:12
118	939	Mario Santos		Swinton Running Club	46:18
119	221	Neal Wainwright		Chorlton Runners	46:21
120	359	Neil Duncombe		Knutsford Tri Club	46:21
121	1132	Jacob Hubner		Manchester Metropolitan Uni	46:42
122	420	Vally Darren De		Manchester Frontrunners	46:58
123	403	Oscar Trevena		Macclesfield Harriers & Ac	46:58
124	499	Anthony McGuirk		Manchester Triathlon Club	47:05
125	839	Ian Crabtree		Stockport Harriers & Ac	47:14
126	42	A Paton-Crockett		Altrincham & District Athletic	47:15
127	261	Robert Wadsworth		Dragons Running Club (sale)	47:26
128	909	Michael McLaughlin		Styal Running Club	47:38
129	414	Chris Benn		Manchester Frontrunners	48:26
130	766	Paul Ratan		Salford Metropolitan Ac	48:36
131	1131	Yassine Gueroudi		Manchester Metropolitan Uni	48:54
132	525	Tom Hampson		Manchester Ymca Harriers	49:01
133	936	Lee Marks		Swinton Running Club	49:15
134	256	Rick Poole		Dragons Running Club (sale)	50:31

135	762	Andrew O'Connell	Salford Metropolitan Ac	51:34
136	820	Robert Maidstone	Start2jog	52:33
137	439	Andrew Porter	Manchester Frontrunners	52:36
138	415	Dominic Berry	Manchester Frontrunners	53:26
139	541	Andrew Armstrong	Marple Runners	53:43
140	548	David Cracknell	Marple Runners	54:27
141	229	Callum Alderton	Didsbury Runners	54:29
142	814	Paul Berry	Start2jog	56:35
143	1154	Jordan Smith	Winston Runners	57:42
144	542	John Bailey	Marple Runners	1:00:47
145	821	Aaron Milne	Start2jog	1:02:25

### Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time					
1	38	David Norman	V40 1	Altrincham & District Athletic	33:18	35	577	Richard Williams	V40 35 Marple Runners	42:49
2	372	Richard Burney	V40 2	Liverpool Harriers & Ac	33:23	36	376	Richard Applewhite	V40 36 Macclesfield Harriers & Ac	42:49
3	339	Nick Leigh	V40 3	Horwich R M I Harriers	33:52	37	874	Stuart Watkins	V40 37 Stockport Harriers & Ac	43:12
4	1128	Tom Williams	V40 4	Wirral Ac	34:44	38	582	Michael Griffin	V40 38 Middleton Harriers Ac	43:15
5	1100	Peter Speake	V40 5	Wilmslow Running Club	35:16	39	302	Aidan Grant	V40 39 Goyt Valley Striders	43:21
6	344	Alastair Murray	V40 6	Horwich R M I Harriers	35:40	40	67	Adam Bird	V40 40 Bramhall Runners	43:37
7	529	Craig Jones	V40 7	Manchester Ymca Harriers	36:04	41	464	Chris Sewart	V40 41 Manchester Harriers & Ac	43:53
8	686	Richard Brook	V40 8	Salford Harriers & AC	36:28	42	214	Nick Syrett	V40 42 Chorlton Runners	44:02
9	625	Chris Donnelly	V40 9	Sale Harriers Manchester	36:49	43	231	Matt Farr	V40 43 Didsbury Runners	44:02
10	707	David Hudson	V40 10	Salford Harriers & AC	36:50	44	88	Myles Mason	V40 44 Bramhall Runners	44:07
11	965	Darren Russell	V40 11	Trafford Athletic Club	37:02	45	550	S FarringtonNewman	V40 45 Marple Runners	44:11
12	627	Richard Edwards	V40 12	Sale Harriers Manchester	37:34	46	316	Mark Ruston	V40 46 Goyt Valley Striders	44:47
13	207	Gary Scott	V40 13	Chorlton Runners	37:55	47	755	David Hughes	V40 47 Salford Metropolitan Ac	45:22
14	656	Matthew Oldham	V40 14	Sale Harriers Manchester	37:55	48	892	Martyn Jones	V40 48 Stockport Tri Club	45:23
15	698	Mathew Dickinson	V40 15	Salford Harriers & AC	38:04	49	505	Stephen Pollard	V40 49 Manchester Triathlon Club	45:36
16	716	John Lloyd	V40 16	Salford Harriers & AC	38:14	50	759	Stuart Mairs	V40 50 Salford Metropolitan Ac	45:36
17	186	Ben McCormack	V40 17	Chorlton Runners	38:28	51	934	Simon Lobas	V40 51 Swinton Running Club	45:48
18	830	Philip Burns	V40 18	Stockport Harriers & Ac	38:49	52	573	Rob Stutchfield	V40 52 Marple Runners	45:54
19	628	Rob Fairbanks	V40 19	Sale Harriers Manchester	38:53	53	973	Craig Wheeler	V40 53 Trafford Athletic Club	46:16
20	411	Alex Wright	V40 20	Macclesfield Harriers & Ac	38:54	54	284	Alex Critcher	V40 54 Glossopdale Harriers	47:04
21	848	David Hulley	V40 21	Stockport Harriers & Ac	39:06	55	270	Matthew Gush	V40 55 East Cheshire Harriers & Tames	47:08
22	473	Andy Adkin	V40 22	Manchester Triathlon Club	39:12	56	812	John Wilson	V40 56 St Helens Tri	47:39
23	278	Darren Smith	V40 23	East Cheshire Harriers & Tames	39:15	57	419	Paul Crowe	V40 57 Manchester Frontrunners	48:12
24	828	Paul Brooks	V40 24	Stockport Harriers & Ac	39:31	58	842	Darren Donald	V40 58 Stockport Harriers & Ac	48:14
25	890	Llyr Hughes	V40 25	Stockport Tri Club	39:38	59	248	Duncan Gazeley	V40 59 Dragons Running Club (sale)	48:38
26	600	Lee Robinson	V40 26	Oldham & Royton H & Ac	39:50	60	423	James Fox	V40 60 Manchester Frontrunners	50:29
27	461	Alex Masidlover	V40 27	Manchester Harriers & Ac	39:56	61	356	Richard Brown	V40 61 Knutsford Tri Club	50:40
28	606	Mike Ashby	V40 28	Sale Harriers Manchester	40:07	62	89	Steve McGovern	V40 62 Bramhall Runners	50:56
29	946	Kevin Woodward	V40 29	Swinton Running Club	40:14	63	896	Brett Moore	V40 63 Stockport Tri Club	51:48
30	426	Jono Guildford	V40 30	Manchester Frontrunners	40:14	64	903	David Clark	V40 64 Styal Running Club	53:57
31	62	Vic Walsh	V40 31	Belle Vue Racers	40:36	65	1116	Gary Myers	V40 65 Wilmslow Striders	55:37
32	791	Kevin Dunbar	V40 32	St Helens Tri	41:38	66	479	Matthew EvansSmith	V40 66 Manchester Triathlon Club	57:19
33	321	Pete Woodhead	V40 33	Goyt Valley Striders	42:14	67	1151	Colm Mulhern	V40 67 Winton Runners	57:35
34	596	Paul Bartholomew	V40 34	Oldham & Royton H & Ac	42:37	68	823	Lee Pitts	V40 68 Start2jog	1:25:10

### Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time					
1	1040	David Watson	V45 1	Warrington A C	34:05	36	1005	David Haines	V45 36 Vale Royal Ac	42:56
2	964	Jeff Prest	V45 2	Trafford Athletic Club	35:03	37	1074	Richard Harrison	V45 37 Wilmslow Running Club	43:00
3	1122	Rob Grantham	V45 3	Wirral Ac	35:32	38	1133	Damian Aspin	V45 38 Manchester Triathlon Club	43:12
4	709	James Kovacs	V45 4	Salford Harriers & AC	35:54	39	634	Chris Green	V45 39 Sale Harriers Manchester	43:15
5	958	Christopher Leigh	V45 5	Trafford Athletic Club	35:56	40	601	Lee Dunn	V45 40 Quays Running Club	44:01
6	849	Malcolm Johnson	V45 6	Stockport Harriers & Ac	36:11	41	1085	Richard Lawson	V45 41 Wilmslow Running Club	44:14
7	118	Robert White	V45 7	Buxton AC	36:22	42	894	Andrew Mainwaring	V45 42 Stockport Tri Club	44:14
8	45	Andy Pickford	V45 8	Altrincham & District Athletic	37:22	43	452	David Dyer	V45 43 Manchester Harriers & Ac	44:32
9	386	Chris Goodfellow	V45 9	Macclesfield Harriers & Ac	37:27	44	92	Frank Podd	V45 44 Bramhall Runners	44:37
10	689	Mark Collier	V45 10	Salford Harriers & AC	37:49	45	745	Peter Brown	V45 45 Salford Metropolitan Ac	44:40
11	340	Andrew Lloyd	V45 11	Horwich R M I Harriers	37:54	46	631	Steven Gavin	V45 46 Sale Harriers Manchester	44:44
12	1093	Jim Pendrill	V45 12	Wilmslow Running Club	38:00	47	117	Mark Thorogood	V45 47 Buxton AC	44:54
13	837	James Corden	V45 13	Stockport Harriers & Ac	38:06	48	498	Curtis Mansbridge	V45 48 Manchester Triathlon Club	44:56
14	1049	Barry Archbold	V45 14	Wilmslow Running Club	38:18	49	1157	Ian Roberts	V45 49 St Helens Sutton Ac	45:11
15	841	Ged Cudahy	V45 15	Stockport Harriers & Ac	38:22	50	75	Simon Gebbett	V45 50 Bramhall Runners	45:17
16	629	Olivier Gaillemin	V45 16	Sale Harriers Manchester	38:26	51	66	Mike Barry	V45 51 Bramhall Runners	45:28
17	374	Lee Midghall	V45 17	Liverpool Harriers & Ac	38:44	52	752	Paul Gee	V45 52 Salford Metropolitan Ac	45:44
18	857	Ian Murdoch	V45 18	Stockport Harriers & Ac	39:01	53	125	James Atkiss	V45 53 Chorlton Runners	46:18
19	350	Marcus Taylor	V45 19	Horwich R M I Harriers	39:04	54	94	Adam Potts	V45 54 Bramhall Runners	46:23
20	881	Nick Chick	V45 20	Stockport Tri Club	39:44	55	808	Lee Stinch	V45 55 St Helens Tri	46:32
21	952	Dan Hill	V45 21	Trafford Athletic Club	40:01	56	805	Peter Rawlinson	V45 56 St Helens Tri	47:00
22	280	Dennis Thomas	V45 22	East Cheshire Harriers & Tames	40:16	57	368	Jose Perez	V45 57 Knutsford Tri Club	47:12
23	114	Jonathan Sewell	V45 23	Buxton AC	40:16	58	84	Lee Jones	V45 58 Bramhall Runners	47:27
24	854	Ged McGrath	V45 24	Stockport Harriers & Ac	40:24	59	838	Paul Corner	V45 59 Stockport Harriers & Ac	47:41
25	622	Elton Davies	V45 25	Sale Harriers Manchester	40:32	60	80	Nick Heaton	V45 60 Bramhall Runners	48:29
26	407	Brian Whitlock	V45 26	Macclesfield Harriers & Ac	40:40	61	898	Paul Plummer	V45 61 Stockport Tri Club	49:28
27	72	M Deschoolmeester	V45 27	Bramhall Runners	41:29	62	744	Simon Bond	V45 62 Salford Metropolitan Ac	49:30
28	1046	Richard Hayes	V45 28	West Cheshire Athletic Club	41:46	63	380	Richard Brown	V45 63 Macclesfield Harriers & Ac	49:33
29	87	Lok Li	V45 29	Bramhall Runners	42:06	64	876	Scott Armstrong	V45 64 Stockport Tri Club	49:49
30	108	Matt Hawtin	V45 30	Buxton AC	42:07	65	392	Tim Marsh	V45 65 Macclesfield Harriers & Ac	51:15
31	98	Chris Trask	V45 31	Bramhall Runners	42:11	66	552	Ian Galloway	V45 66 Marple Runners	51:30
32	489	Peter Hulme	V45 32	Manchester Triathlon Club	42:35	67	920	Justin Coleman	V45 67 Swinton Running Club	53:51
33	999	Darren Cottier	V45 33	Vale Royal Ac	42:38	68	208	Ian Sharpe	V45 68 Chorlton Runners	55:04
34	568	Darren Peatfield	V45 34	Marple Runners	42:39	69	496	Alan Leonard	V45 69 Manchester Triathlon Club	55:28
35	544	Lars Bevanger	V45 35	Marple Runners	42:43	70	99	Mike Utting	V45 70 Bramhall Runners	57:22

### Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	729	Mark Russell	V50 1	Salford Harriers & AC	35:48	24	68 Adam Brown	V50 24	Bramhall Runners	44:14
2	713	Philip Leybourne	V50 2	Salford Harriers & AC	36:18	25	277 Stephen Roberts	V50 25	East Cheshire Harriers & Tames	44:59
3	286	Steve Crossman	V50 3	Glossopdale Harriers	38:16	26	467 Craig Turner	V50 26	Manchester Harriers & Ac	45:09
4	1023	Gareth Williams	V50 4	Vale Royal Ac	38:31	27	994 Chris Beard	V50 27	Vale Royal Ac	45:10
5	2502	SBryan Lomas	V50 5	Congleton H & Ac	39:05	28	769 Mark Shuttleworth	V50 28	Salford Metropolitan Ac	45:36
6	24	Andrew Holloway	V50 6	Altrincham & District Athletic	39:21	29	829 Stephen Brown	V50 29	Stockport Harriers & Ac	45:39
7	535	Tim Shanker	V50 7	Manchester Ymca Harriers	39:28	30	164 Justin Hayes	V50 30	Chorlton Runners	45:41
8	682	Paul Birkett	V50 8	Salford Harriers & AC	39:29	31	557 Wayne Jones	V50 31	Marple Runners	45:57
9	1042	Dave Alexander	V50 9	West Cheshire Athletic Club	39:48	32	454 Glen Gandy	V50 32	Manchester Harriers & Ac	46:17
10	687	Shaun Chambers	V50 10	Salford Harriers & AC	39:51	33	73 Steve Fairclough	V50 33	Bramhall Runners	46:24
11	269	Ian Fraser	V50 11	East Cheshire Harriers & Tames	40:05	34	78 Richard Hall	V50 34	Bramhall Runners	48:21
12	846	Kevan Garner	V50 12	Stockport Harriers & Ac	40:10	35	295 Simon Toole	V50 35	Glossopdale Harriers	48:27
13	1044	Andrew Clague	V50 13	West Cheshire Athletic Club	40:10	36	911 Barrie Powers	V50 36	Styal Running Club	49:18
14	1033	Daniel Newman	V50 14	Warrington A C	40:23	37	1138 Nigel Tapp	V50 37	Marple Runners	50:33
15	49	Steven Renny	V50 15	Altrincham & District Athletic	40:28	38	658 Timothy Rainey	V50 38	Sale Harriers Manchester	50:37
16	1082	Nick Jackson	V50 16	Wilmslow Running Club	41:24	39	565 Mark Lynch	V50 39	Marple Runners	50:45
17	1079	Jarrold Homer	V50 17	Wilmslow Running Club	42:07	40	604 Stephen Symons	V50 40	Quays Running Club	51:47
18	74	Simon Fennell	V50 18	Bramhall Runners	42:41	41	772 Andrew Thomas	V50 41	Salford Metropolitan Ac	52:17
19	763	Girish Patel	V50 19	Salford Metropolitan Ac	43:03	42	1137 Mark Wodrow	V50 42	Manchester Triathlon Club	52:31
20	360	Jeff Fidler	V50 20	Knutsford Tri Club	43:12	43	2506 Mark Gregory	V50 43	Unattached	53:27
21	8	Nick Burke	V50 21	Altrincham & District Athletic	43:15	44	576 Mark Warner	V50 44	Marple Runners	54:01
22	288	Peter Daly	V50 22	Glossopdale Harriers	43:22	45	369 Edward Taylor	V50 45	Knutsford Tri Club	55:42
23	856	Ian Mulligan	V50 23	Stockport Harriers & Ac	43:49	46	70 Paul Cowell	V50 46	Bramhall Runners	56:18
						47	377 Robert Bailey	V50 47	Macclesfield Harriers & Ac	56:32
						48	61 Farouk Wawda	V50 48	Belle Vue Racers	56:46

### Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time					
1	693	Derek Crewe	V55 1	Salford Harriers & AC	37:16	17	274 Derek Hughes	V55 17	East Cheshire Harriers & Tames	46:06
2	313	Paul Oakley	V55 2	Goyt Valley Striders	40:03	18	104 Peter Bailey	V55 18	Buxton AC	46:54
3	959	Paul Mannion	V55 3	Trafford Athletic Club	40:08	19	619 Frank Cordingley	V55 19	Sale Harriers Manchester	48:01
4	15	Richard Evans	V55 4	Altrincham & District Athletic	40:18	20	227 Francis Wooff	V55 20	Chorlton Runners	48:04
5	1088	Trevor Morris	V55 5	Wilmslow Running Club	40:36	21	566 Graham Murray	V55 21	Marple Runners	48:58
6	927	Steven Doxey	V55 6	Swinton Running Club	42:16	22	1147 Anthony Harrison	V55 22	Winston Runners	49:04
7	116	Dave Soles	V55 7	Buxton AC	42:21	23	202 John Pye	V55 23	Chorlton Runners	49:31
8	867	Mike Shaw	V55 8	Stockport Harriers & Ac	42:46	24	120 Paul Adams	V55 24	Chorlton Runners	49:43
9	835	Rob Cawley	V55 9	Stockport Harriers & Ac	43:12	25	97 John Temperley	V55 25	Bramhall Runners	50:26
10	827	Paul Beckett	V55 10	Stockport Harriers & Ac	43:12	26	868 Peter Sinclair	V55 26	Stockport Harriers & Ac	53:37
11	21	Graham Harrison	V55 11	Altrincham & District Athletic	43:44	27	76 Mark Grundy	V55 27	Bramhall Runners	53:47
12	1054	Tim Billington	V55 12	Wilmslow Running Club	44:00	28	1012 Nick Mort	V55 28	Vale Royal Ac	53:48
13	724	Trevor Rayner	V55 13	Salford Harriers & AC	44:17	29	558 Alistair Jordan	V55 29	Marple Runners	53:53
14	440	Roberto Raso	V55 14	Manchester Frontrunners	45:04	30	513 Stewart Tennant	V55 30	Manchester Triathlon Club	55:28
15	912	Gary Tait	V55 15	Styal Running Club	45:06	31	564 Andrew Lord	V55 31	Marple Runners	59:46
16	312	John Moore	V55 16	Goyt Valley Striders	45:18					

### Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time					
1	866	Steve Shaughnessy	V60 1	Stockport Harriers & Ac	41:06	9	63 Phil Wilcoxon	V60 9	Belle Vue Racers	48:24
2	9	Sean Butler	V60 2	Altrincham & District Athletic	41:08	10	58 Patrick O'Brien	V60 10	Belle Vue Racers	51:19
3	283	David Chrystie-Lowe	V60 3	Glossopdale Harriers	44:11	11	293 John Stephenson	V60 11	Glossopdale Harriers	51:54
4	1102	Pete Stock	V60 4	Wilmslow Running Club	45:33	12	906 Andrew Dooley	V60 12	Styal Running Club	53:29
5	443	Peter Symonds	V60 5	Manchester Frontrunners	46:18	13	591 Craig Sutherland	V60 13	Middleton Harriers Ac	54:41
6	765	Mike Race	V60 6	Salford Metropolitan Ac	46:36	14	234 Mike Kelly	V60 14	Didsbury Runners	54:58
7	468	Marcus Walker	V60 7	Manchester Harriers & Ac	46:38	15	574 Martin Townsend	V60 15	Marple Runners	59:56
8	305	Mike Hudson	V60 8	Goyt Valley Striders	47:06					

### Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	722	Stanley Owen	V65 1	Salford Harriers & AC	40:43
2	46	Peter Pickwell	V65 2	Altrincham & District Athletic	43:51
3	1109	Andy Watts	V65 3	Wilmslow Running Club	44:50
4	875	Paul Adkins	V65 4	Stockport Tri Club	46:07
5	289	Frank Fielding	V65 5	Glossopdale Harriers	46:14
6	581	Alan Garvey	V65 6	Middleton Harriers Ac	47:44
7	997	John Clarke	V65 7	Vale Royal Ac	47:53
8	736	Thomas Temple	V65 8	Salford Harriers & AC	50:59
9	571	David Shoesmith	V65 9	Marple Runners	54:51
10	1008	Paul Hudson	V65 10	Vale Royal Ac	1:05:13

### Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	620	Michael Curley	V70 1	Sale Harriers Manchester	43:31
2	871	Robert Taylor	V70 2	Stockport Harriers & Ac	48:25
3	39	Jeff Norman	V70 3	Altrincham & District Athletic	48:40
4	1016	Colin Rathbone	V75 1	Vale Royal Ac	52:43
5	451	Michael Cunningham	V70 4	Manchester Harriers & Ac	52:54
6	683	Roland Bowness	V70 5	Salford Harriers & AC	56:44
7	583	John Hall	V70 6	Middleton Harriers Ac	57:33

# Manchester Area Cross Country League at Wythenshawe Park on Saturday 12th October 2019

## Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Time	Pos	Name	Time
1	951	Jay Ferns		Trafford Athletic Club	31:52	90	207 Gary Scott	37:55	V40 13	Chorlton Runners	37:55
2	728	Callum Rowlinson		Salford Harriers & AC	32:01	91	705 Michael Heaney	37:55		Salford Harriers & AC	37:55
3	676	Gamar Adam	U20 1	Salford Harriers & AC	32:30	92	656 Matthew Oldham	37:55	V40 14	Sale Harriers Manchester	37:55
4	338	James Kevan		Horwich R M I Harriers	32:33	93	160 Patrick Goodrich	37:58		Chorlton Runners	37:58
5	37	Andrew Norman		Altrincham & District Athletic	32:47	94	23 Adam Hindmarch	38:00		Altrincham & District Athletic	38:00
6	987	Arlo Ludewick	U20 2	University Of Manchester	32:49	95	668 Chris Tait	38:00		Sale Harriers Manchester	38:00
7	855	Jack Morris		Stockport Harriers & Ac	32:50	96	1093 Jim Pendrill	38:00	V45 12	Wilmslow Running Club	38:00
8	1142	Will Onek		Sale Harriers Manchester	32:56	97	698 Mathew Dickinson	38:04	V40 15	Salford Harriers & AC	38:04
9	725	David Rigby		Salford Harriers & AC	32:59	98	837 James Corden	38:06	V45 13	Stockport Harriers & AC	38:06
10	733	Robert Smyk	U20 3	Salford Harriers & AC	33:04	99	128 Oliver Bernstein	38:08		Chorlton Runners	38:08
11	611	Nicholas Barry		Sale Harriers Manchester	33:09	100	861 Tom Peers	38:12		Stockport Harriers & AC	38:12
12	38	David Norman	V40 1	Altrincham & District Athletic	33:18	101	786 Robert Chesters	38:12		St Helens Tri	38:12
13	341	Phil Marsden		Horwich R M I Harriers	33:21	102	716 John Lloyd	38:14	V40 16	Salford Harriers & AC	38:14
14	372	Richard Burney	V40 2	Liverpool Harriers & Ac	33:23	103	286 Steve Crossman	38:16	V50 3	Glossopdale Harriers	38:16
15	343	Joe Mercer		Horwich R M I Harriers	33:29	104	1049 Barry Archbold	38:18	V45 14	Wilmslow Running Club	38:18
16	975	Cynog Williams	U20 4	Trafford Athletic Club	33:30	105	841 Ged Cudahy	38:22	V45 15	Stockport Harriers & AC	38:22
17	1140	Najib Hassan	U20 5	Sale Harriers Manchester	33:34	106	413 Gregory Beck	38:24		Manchester Frontrunners	38:24
18	962	Simon O'Meara		Trafford Athletic Club	33:36	107	629 Olivier Gaillie	38:26	V45 16	Sale Harriers Manchester	38:26
19	339	Nick Leigh	V40 3	Horwich R M I Harriers	33:52	108	186 Ben McCormack	38:28	V40 17	Chorlton Runners	38:28
20	680	Will Beauchamp		Salford Harriers & AC	33:59	109	1023 Gareth Williams	38:31	V50 4	Vale Royal Ac	38:31
21	1040	David Watson	V45 1	Warrington A C	34:05	110	995 Lee Carrington	38:35		Vale Royal Ac	38:35
22	992	Alex Sutton		University Of Manchester	34:09	111	374 Lee Midghall	38:44	V45 17	Liverpool Harriers & Ac	38:44
23	614	Alex Bradford		Sale Harriers Manchester	34:11	112	870 Karl Taylor	38:46	U20 13	Stockport Harriers & AC	38:46
24	273	Joseph Hudak		East Cheshire Harriers & Tames	34:22	113	830 Philip Burns	38:49	V40 18	Stockport Harriers & AC	38:49
25	51	Gareth Turner		Altrincham & District Athletic	34:28	114	7 Nick Bugler	38:50		Altrincham & District Athletic	38:50
26	2504	Tim Hartley		Wigan & District H & Ac	34:34	115	628 Rob Fairbanks	38:53	V40 19	Sale Harriers Manchester	38:53
27	714	Bruno Lima		Salford Harriers & AC	34:43	116	411 Alex Wright	38:54	V40 20	Macclesfield Harriers & Ac	38:54
28	1128	Tom Williams	V40 4	Wirral Ac	34:44	117	717 Jack Luscombe	38:59		Salford Harriers & AC	38:59
29	18	Adam Gooch		Altrincham & District Athletic	34:53	118	857 Ian Murdoch	39:01	V45 18	Stockport Harriers & AC	39:01
30	970	Gavin Tomlinson		Trafford Athletic Club	34:56	119	580 Jordan Burke	39:03		Middleton Harriers Ac	39:03
31	860	Lucas Parker	U20 6	Stockport Harriers & Ac	35:00	120	350 Marcus Taylor	39:04	V45 19	Horwich R M I Harriers	39:04
32	264	Gavin Browne		East Cheshire Harriers & Tames	35:01	121	2502 Bryan Lomas	39:05	V50 5	Conlithon H & Ac	39:05
33	964	Jeff Prest	V45 2	Trafford Athletic Club	35:03	122	106 David Fryer-Winder	39:05		Buxton AC	39:05
34	643	Kenneth Hunt		Sale Harriers Manchester	35:04	123	848 David Hulley	39:06	V40 21	Stockport Harriers & AC	39:06
35	1139	Daniel Gray		Sale Harriers Manchester	35:04	124	737 Charlie Thomas	39:09	U20 14	Salford Harriers & AC	39:09
36	632	Shaun Gee	U20 7	Sale Harriers Manchester	35:06	125	473 Andy Adkin	39:12	V40 22	Manchester Triathlon Club	39:12
37	968	Harry Sinclair	U20 8	Trafford Athletic Club	35:10	126	760 Dougal McDermott	39:14	U20 15	Salford Metropolitan Ac	39:14
38	1100	Peter Speake	V40 5	Wilmslow Running Club	35:16	127	278 Darren Smith	39:15	V40 23	East Cheshire Harriers & Tames	39:15
39	1122	Rob Grantham	V45 3	Wirral Ac	35:32	128	947 Dan Atkinson	39:16		Trafford Athletic Club	39:16
40	344	Alastair Murray	V40 6	Horwich R M I Harriers	35:40	129	922 Ian Cronshaw	39:19		Swinton Running Club	39:19
41	836	Michael Cooke		Stockport Harriers & Ac	35:43	130	24 Andrew Holloway	39:21	V50 6	Altrincham & District Athletic	39:21
42	183	F MacdonaldOulds		Chorlton Runners	35:47	131	608 Nathan Ball	39:21		Sale Harriers Manchester	39:21
43	729	Mark Russell	V50 1	Salford Harriers & AC	35:48	132	236 Damien McHugh	39:27		Didsbury Runners	39:27
44	154	Will Fossard		Chorlton Runners	35:50	133	535 Tim Shanker	39:28	V50 7	Manchester Ymca Harriers	39:28
45	709	James Kovacs	V45 4	Salford Harriers & AC	35:54	134	682 Paul Birkett	39:29	V50 8	Salford Harriers & AC	39:29
46	958	Christopher Leigh	V45 5	Trafford Athletic Club	35:56	135	828 Paul Brooks	39:31	V40 24	Stockport Harriers & AC	39:31
47	185	Sam Mason		Chorlton Runners	35:56	136	703 Grant GunnAnderson	39:35		Salford Harriers & AC	39:35
48	529	Craig Jones	V40 7	Manchester Ymca Harriers	36:04	137	263 Callum Brierley	39:36	U20 16	East Cheshire Harriers & Tames	39:36
49	642	David Howlett		Sale Harriers Manchester	36:06	138	211 Stephen Smith	39:37		Chorlton Runners	39:37
50	421	Martin Dunn		Manchester Frontrunners	36:09	139	890 Llyr Hughes	39:38	V40 25	Stockport Tri Club	39:38
51	849	Malcolm Johnson	V45 6	Stockport Harriers & Ac	36:11	140	610 Paul Barrett	39:40		Sale Harriers Manchester	39:40
52	974	Jack Wilkinson	U20 9	Trafford Athletic Club	36:14	141	881 Nick Chick	39:44	V45 20	Stockport Tri Club	39:44
53	1129	Arran McCloskey		Knutsford Tri Club	36:14	142	1042 Dave Alexander	39:48	V50 9	West Cheshire Athletic Club	39:48
54	919	Daniel Bird		Swinton Running Club	36:16	143	600 Lee Robinson	39:50	V40 26	Oldham & Royton H & Ac	39:50
55	713	Philip Leybourne	V50 2	Salford Harriers & AC	36:18	144	687 Shaun Chambers	39:51	V50 10	Salford Harriers & AC	39:51
56	118	Robert White	V45 7	Buxton AC	36:22	145	232 Matthew Gittins	39:54		Didsbury Runners	39:54
57	241	Steven Townley		Didsbury Runners	36:26	146	461 Alex Masidlover	39:56	V40 27	Manchester Harriers & Ac	39:56
58	686	Richard Brook	V40 8	Salford Harriers & AC	36:28	147	237 Mike Norbury	40:00		Didsbury Runners	40:00
59	984	Joseph Howe		University Of Manchester	36:34	148	952 Dan Hill	40:01	V45 21	Trafford Athletic Club	40:01
60	387	Peter Goodfellow	U20 10	Macclesfield Harriers & Ac	36:36	149	313 Paul Oakley	40:03	V55 2	Goyt Valley Striders	40:03
61	599	Michael Mannings		Oldham & Royton H & Ac	36:38	150	269 Ian Fraser	40:05	V50 11	East Cheshire Harriers & Tames	40:05
62	990	Marcus Preedy		University Of Manchester	36:40	151	314 Nathan Porter	40:06		Goyt Valley Striders	40:06
63	625	Chris Donnelly	V40 9	Sale Harriers Manchester	36:49	152	606 Mike Ashby	40:07	V40 28	Sale Harriers Manchester	40:07
64	707	David Hudson	V40 10	Salford Harriers & AC	36:50	153	959 Paul Mannion	40:08	V55 3	Trafford Athletic Club	40:08
65	989	Harry Parker		University Of Manchester	36:52	154	630 Duane Gaunt	40:10		Sale Harriers Manchester	40:10
66	623	Ibrahim Diallo		Sale Harriers Manchester	36:52	155	846 Kevan Garner	40:10	V50 12	Stockport Harriers & AC	40:10
67	1141	Sam Heyworth	U20 11	Sale Harriers Manchester	36:54	156	1044 Andrew Clague	40:10	V50 13	West Cheshire Athletic Club	40:10
68	893	Carl Krystek		Stockport Tri Club	36:59	157	946 Kevin Woodward	40:14	V40 29	Swinton Running Club	40:14
69	965	Darren Russell	V40 11	Trafford Athletic Club	37:02	158	388 Robert Hasler	40:14		Macclesfield Harriers & Ac	40:14
70	271	James Hartshorne		East Cheshire Harriers & Tames	37:12	159	426 Jono Guildford	40:14	V40 30	Manchester Frontrunners	40:14
71	693	Derek Crewe	V55 1	Salford Harriers & AC	37:16	160	280 Dennis Thomas	40:16	V45 22	East Cheshire Harriers & Tames	40:16
72	844	Alec Francis		Stockport Harriers & Ac	37:20	161	397 James Perry	40:16		Macclesfield Harriers & Ac	40:16
73	993	Louis Wardle	U20 12	University Of Manchester	37:22	162	114 Jonathan Sewell	40:16	V45 23	Buxton AC	40:16
74	45	Andy Pickford	V45 8	Altrincham & District Athletic	37:22	163	15 Richard Evans	40:18	V55 4	Altrincham & District Athletic	40:18
75	4	Michael Berks		Altrincham & District Athletic	37:24	164	1033 Daniel Newman	40:23	V50 14	Warrington A C	40:23
76	969	Matthew Sutton		Trafford Athletic Club	37:26	165	854 Ged McGrath	40:24	V45 24	Stockport Harriers & AC	40:24
77	633	Tom Gough		Sale Harriers Manchester	37:27	166	49 Steven Renny	40:28	V50 15	Altrincham & District Athletic	40:28
78	971	James Wall		Trafford Athletic Club	37:27	167	622 Elton Davies	40:32	V45 25	Sale Harriers Manchester	40:32
79	386	Chris Goodfellow	V45 9	Macclesfield Harriers & Ac	37:27	168	62 Vic Walsh	40:36	V40 31	Belle Vue Racers	40:36
80	991	Laurence Skidmore		University Of Manchester	37:27	169	593 John Weaver	40:36		Middleton Harriers Ac	40:36
81	178	Jonathan Lancaster		Chorlton Runners	37:32	170	1088 Trevor Morris	40:36	V55 5	Wilmslow Running Club	40:36
82	325	Jonathan Bruton		Horwich R M I Harriers	37:34	171	230 Martin Carolan	40:39		Didsbury Runners	40:39
83	627	Richard Edwards	V40 12	Sale Harriers Manchester	37:34	172	407 Brian Whitlock	40:40	V45 26	Macclesfield Harriers & Ac	40:40
84	646	Dominic Jones		Sale Harriers Manchester	37:38	173	624 Conor Donaghy	40:41		Sale Harriers Manchester	40:41
85	1083	Robert Jackson		Wilmslow Running Club	37:42	174	722 Stanley Owen	40:43	V65 1	Salford Harriers & AC	40:43
86	689	Mark Collier	V45 10	Salford Harriers & AC	37:49	175	152 Anthony Everitt	40:43		Chorlton Runners	40:43
87	679	Paul Bannister		Salford Harriers & AC	37:50	176	701 Joseph Foster	40:45	U20 17	Salford Harriers & AC	40:45
88	56	John Haines		Belle Vue Racers	37:53	177	650 David Marsh	40:48		Sale Harriers Manchester	40:48
89	340	Andrew Lloyd	V45 11	Horwich R M I Harriers	37:54	178	510 Murray Taylor	41:03		Manchester Triathlon Club	41:03



179 603 Phil Pennill		Quays Running Club	41:04	276 467 Craig Turner	V50 26 Manchester Harriers & Ac	45:09
180 866 Steve Shaughnessy	V60 1	Stockport Harriers & Ac	41:06	277 994 Chris Beard	V50 27 Vale Royal Ac	45:10
181 9 Sean Butler	V60 2	Altrincham & District Athletic	41:08	2781157 Ian Roberts	V45 49 St Helens Sutton Ac	45:11
1821082 Nick Jackson	V50 16	Wilmslow Running Club	41:24	279 75 Simon Gebbett	V45 50 Bramhall Runners	45:17
183 72 M Deschoolmeester	V45 27	Bramhall Runners	41:29	280 312 John Moore	V55 16 Goyt Valley Striders	45:18
1841120 Peter Williams		Wilmslow Striders	41:32	281 755 David Hughes	V40 47 Salford Metropolitan Ac	45:22
185 167 Colin Hines		Chorlton Runners	41:32	282 892 Martyn Jones	V40 48 Stockport Tri Club	45:23
186 198 Alexander Pigott		Chorlton Runners	41:35	283 66 Mike Barry	V45 51 Bramhall Runners	45:28
187 819 Josiah Isherwood	U20 18	Start2jog	41:36	284 746 Michael Carney	Salford Metropolitan Ac	45:31
188 791 Kevin Dunbar	V40 32	St Helens Tri	41:38	2851102 Pete Stock	V60 4 Wilmslow Running Club	45:33
189 822 Stuart Nock		Start2jog	41:43	286 505 Stephen Pollard	V40 49 Manchester Triathlon Club	45:36
1901160 Thomas Rogers		Belle Vue Racers	41:44	287 759 Stuart Mairs	V40 50 Salford Metropolitan Ac	45:36
1911046 Richard Hayes	V45 28	West Cheshire Athletic Club	41:46	288 422 Andrew Fergusson	Manchester Frontrunners	45:36
192 43 James Pattison		Altrincham & District Athletic	41:49	289 769 Mark Shuttleworth	V50 28 Salford Metropolitan Ac	45:36
193 57 Paul Minton		Belle Vue Racers	41:55	290 829 Stephen Brown	V50 29 Stockport Harriers & Ac	45:39
194 712 Daniel Lewis	U20 19	Salford Harriers & AC	42:02	291 164 Justin Hayes	V50 30 Chorlton Runners	45:41
195 87 Lok Li	V45 29	Bramhall Runners	42:06	292 880 Benjamin Charles	Stockport Tri Club	45:43
1961130 Chris Gwatkin		Manchester Harriers & Ac	42:06	293 752 Paul Gee	V45 52 Salford Metropolitan Ac	45:44
197 108 Matt Hawtin	V45 30	Buxton AC	42:07	294 934 Simon Lobas	V40 51 Swinton Running Club	45:48
1981079 Jarrod Homer	V50 17	Wilmslow Running Club	42:07	295 573 Rob Stutchfield	V40 52 Marple Runners	45:54
199 845 Bradley Freeman	U20 20	Stockport Harriers & Ac	42:09	296 557 Wayne Jones	V50 31 Marple Runners	45:57
200 98 Chris Trask	V45 31	Bramhall Runners	42:11	297 133 Paul Brown	Chorlton Runners	46:03
201 321 Pete Woodhead	V40 33	Goyt Valley Striders	42:14	298 274 Derek Hughes	V55 17 East Cheshire Harriers & Tames	46:06
202 927 Steven Doxey	V55 6	Swinton Running Club	42:16	299 875 Paul Adkins	V65 4 Stockport Tri Club	46:07
203 233 Colin Hill		Didsbury Runners	42:21	300 512 Richard Tennant	Manchester Triathlon Club	46:12
204 116 Dave Soles	V55 7	Buxton AC	42:21	301 289 Frank Fielding	V65 5 Glossopdale Harriers	46:14
205 980 Ewan Egan	U20 21	University Of Manchester	42:23	302 973 Craig Wheeler	V40 53 Trafford Athletic Club	46:16
206 986 Matt LePoidevin		University Of Manchester	42:32	303 454 Glen Gandy	V50 52 Manchester Harriers & Ac	46:17
207 489 Peter Hulme	V45 32	Manchester Triathlon Club	42:35	304 939 Mario Santos	Swinton Running Club	46:18
208 596 Paul Bartholomew	V40 34	Oldham & Royton H & Ac	42:37	305 443 Peter Symonds	V60 5 Manchester Frontrunners	46:18
209 999 Darren Cottier	V45 33	Vale Royal Ac	42:38	306 125 James Atkiss	V45 53 Chorlton Runners	46:18
210 568 Darren Peatfield	V45 34	Marple Runners	42:39	307 221 Neal Wainwright	Chorlton Runners	46:21
211 74 Simon Fennell	V50 18	Bramhall Runners	42:41	308 359 Neil Duncombe	Knutsford Tri Club	46:21
212 544 Lars Bevanger	V45 35	Marple Runners	42:43	309 94 Adam Potts	V45 54 Bramhall Runners	46:23
213 867 Mike Shaw	V55 8	Stockport Harriers & Ac	42:46	310 73 Steve Fairclough	V50 33 Bramhall Runners	46:24
214 577 Richard Williams	V40 35	Marple Runners	42:49	311 808 Lee Stinch	V45 55 St Helens Tri	46:32
215 475 Joseph Brennan		Manchester Triathlon Club	42:49	312 765 Mike Race	V60 6 Salford Metropolitan Ac	46:36
216 376 Richard Applewhite	V40 36	Macclesfield Harriers & Ac	42:49	313 468 Marcus Walker	V60 7 Manchester Harriers & Ac	46:38
217 22 Jonathan Hart		Altrincham & District Athletic	42:50	3141132 Jacob Hubner	Manchester Metropolitan Uni	46:42
2181005 David Haines	V45 36	Vale Royal Ac	42:56	315 104 Peter Bailey	V55 18 Buxton AC	46:54
2192503 John Roper		Unattached	42:58	316 420 Vally Darren De	Manchester Frontrunners	46:58
220 699 Mark Egerton		Salford Harriers & AC	43:00	317 403 Oscar Trevena	Macclesfield Harriers & Ac	46:58
221 530 Chris March		Manchester Ymca Harriers	43:00	318 805 Peter Rawlinson	St Helens Tri	47:00
2221074 Richard Harrison	V45 37	Wilmslow Running Club	43:00	319 284 Alex Critcher	V40 54 Glossopdale Harriers	47:04
223 763 Girish Patel	V50 19	Salford Metropolitan Ac	43:03	320 499 Anthony McGuirk	Manchester Triathlon Club	47:05
224 835 Rob Cawley	V55 9	Stockport Harriers & Ac	43:12	321 305 Mike Hudson	V60 8 Goyt Valley Striders	47:06
225 827 Paul Beckett	V55 10	Stockport Harriers & Ac	43:12	322 270 Matthew Gush	V40 55 East Cheshire Harriers & Tames	47:08
2261133 Damian Aspin	V45 38	Manchester Triathlon Club	43:12	323 368 Jose Perez	V45 57 Knutsford Tri Club	47:12
227 874 Stuart Watkins	V40 37	Stockport Harriers & Ac	43:12	324 839 Ian Crabtree	Stockport Harriers & Ac	47:14
228 360 Jeff Fidler	V50 20	Knutsford Tri Club	43:12	325 42 A Paton-Crockett	Altrincham & District Athletic	47:15
229 304 James Hobson		Goyt Valley Striders	43:12	326 261 Robert Wadsworth	Dragons Running Club (sale)	47:26
230 979 Arun Dahil	U20 22	University Of Manchester	43:12	327 84 Lee Jones	V45 58 Bramhall Runners	47:27
231 634 Chris Green	V45 39	Sale Harriers Manchester	43:15	328 909 Michael McLaughlin	Styal Running Club	47:38
232 582 Michael Griffin	V40 38	Middleton Harriers Ac	43:15	329 812 John Wilson	V40 56 St Helens Tri	47:39
233 226 Stephen Welch		Chorlton Runners	43:15	330 838 Paul Corner	V45 59 Stockport Harriers & Ac	47:41
234 8 Nick Burke	V50 21	Altrincham & District Athletic	43:15	331 581 Alan Garvey	V65 6 Middleton Harriers Ac	47:44
235 508 Pete Smallwood		Manchester Triathlon Club	43:15	332 997 John Clarke	V65 7 Vale Royal Ac	47:53
236 649 Simon Latham		Sale Harriers Manchester	43:18	333 619 Frank Cordingley	V55 19 Sale Harriers Manchester	48:01
237 302 Aidan Grant	V40 39	Goyt Valley Striders	43:21	334 227 Francis Wooff	V55 20 Chorlton Runners	48:04
238 288 Peter Daly	V50 22	Glossopdale Harriers	43:22	335 419 Paul Crowe	V40 57 Manchester Frontrunners	48:12
239 931 Mathew Holland		Swinton Running Club	43:23	336 842 Darren Donald	V40 58 Stockport Harriers & Ac	48:14
240 83 Damian Jones		Bramhall Runners	43:25	337 78 Richard Hall	V50 34 Bramhall Runners	48:21
241 463 Neil Ryan		Manchester Harriers & Ac	43:29	338 63 Phil Wilcoxon	V60 9 Belle Vue Racers	48:24
242 620 Michael Curley	V70 1	Sale Harriers Manchester	43:31	339 871 Robert Taylor	V70 2 Stockport Harriers & Ac	48:25
243 67 Adam Bird	V40 40	Bramhall Runners	43:37	340 414 Chris Benn	Manchester Frontrunners	48:26
244 21 Graham Harrison	V55 11	Altrincham & District Athletic	43:44	341 295 Simon Toole	V50 35 Glossopdale Harriers	48:27
245 856 Ian Mulligan	V50 23	Stockport Harriers & Ac	43:49	342 80 Nick Heaton	V45 60 Bramhall Runners	48:29
246 46 Peter Pickwell	V65 2	Altrincham & District Athletic	43:51	343 766 Paul Ratan	Salford Metropolitan Ac	48:36
247 464 Chris Sewart	V40 41	Manchester Harriers & Ac	43:53	344 248 Duncan Gazeley	V40 59 Dragons Running Club (sale)	48:38
248 670 Luke Townsend		Sale Harriers Manchester	43:56	345 39 Jeff Norman	V70 3 Altrincham & District Athletic	48:40
249 517 James Willard		Manchester Triathlon Club	43:58	3461131 Yassine Guermoudi	Manchester Metropolitan Uni	48:54
2501054 Tim Billington	V55 12	Wilmslow Running Club	44:00	347 566 Graham Murray	V55 21 Marple Runners	48:58
251 601 Lee Dunn	V45 40	Quays Running Club	44:01	348 525 Tom Hampson	Manchester Ymca Harriers	49:01
252 214 Nick Syrett	V40 42	Chorlton Runners	44:02	3491147 Anthony Harrison	V55 22 Winston Runners	49:04
253 231 Matt Farr	V40 43	Didsbury Runners	44:02	350 936 Lee Marks	Swinton Running Club	49:15
254 797 Mike Gregory		St Helens Tri	44:06	351 911 Barrie Powers	V50 36 Styal Running Club	49:18
255 88 Myles Mason	V40 44	Bramhall Runners	44:07	352 898 Paul Plummer	V45 61 Stockport Tri Club	49:28
256 550 S FarringtonNewman	V40 45	Marple Runners	44:11	353 744 Simon Bond	V45 62 Salford Metropolitan Ac	49:30
257 283 David Chrystie-Lowe	V60 3	Glossopdale Harriers	44:11	354 202 John Pye	V55 23 Chorlton Runners	49:31
258 364 John Keegan		Knutsford Tri Club	44:11	355 380 Richard Brown	V45 63 Macclesfield Harriers & Ac	49:33
259 68 Adam Brown	V50 24	Bramhall Runners	44:14	356 120 Paul Adams	V55 24 Chorlton Runners	49:43
2601085 Richard Lawson	V45 41	Wilmslow Running Club	44:14	357 876 Scott Armstrong	V45 64 Stockport Tri Club	49:49
261 894 Andrew Mainwaring	V45 42	Stockport Tri Club	44:14	358 97 John Temperley	V55 25 Bramhall Runners	50:26
262 724 Trevor Rayner	V55 13	Salford Harriers & AC	44:17	359 423 James Fox	V40 60 Manchester Frontrunners	50:29
263 446 Edmund Woodfield		Manchester Frontrunners	44:25	360 256 Rick Poole	Dragons Running Club (sale)	50:31
264 452 David Dyer	V45 43	Manchester Harriers & Ac	44:32	3611138 Nigel Tapp	V50 37 Marple Runners	50:33
265 92 Frank Podd	V45 44	Bramhall Runners	44:37	362 658 Timothy Rainey	V50 38 Sale Harriers Manchester	50:37
266 745 Peter Brown	V45 45	Salford Metropolitan Ac	44:40	363 356 Richard Brown	V40 61 Knutsford Tri Club	50:40
267 631 Steven Gavin	V45 46	Sale Harriers Manchester	44:44	364 565 Mark Lynch	V50 39 Marple Runners	50:45
268 316 Mark Ruston	V40 46	Goyt Valley Striders	44:47	365 89 Steve McGovern	V40 62 Bramhall Runners	50:56
269 889 Rob Heathcote		Stockport Tri Club	44:48	366 736 Thomas Temple	V65 8 Salford Harriers & AC	50:59
2701109 Andy Watts	V65 3	Wilmslow Running Club	44:50	367 392 Tim Marsh	V45 65 Macclesfield Harriers & Ac	51:15
271 117 Mark Thorogood	V45 47	Buxton AC	44:54	368 58 Patrick O'Brien	V60 10 Belle Vue Racers	51:19
272 498 Curtis Mansbridge	V45 48	Manchester Triathlon Club	44:56	369 552 Ian Galloway	V45 66 Marple Runners	51:30
273 277 Stephen Roberts	V50 25	East Cheshire Harriers & Tames	44:59	370 762 Andrew O'Connell	Salford Metropolitan Ac	51:34
274 440 Roberto Raso	V55 14	Manchester Frontrunners	45:04	371 604 Stephen Symons	V50 40 Quays Running Club	51:47
275 912 Gary Tait	V55 15	Styal Running Club	45:06	372 896 Brett Moore	V40 63 Stockport Tri Club	51:48

373 293 John Stephenson	V60 11	Glossopdale Harriers	51:54	394 571 David Shoesmith	V65 9	Marple Runners	54:51
374 772 Andrew Thomas	V50 41	Salford Metropolitan Ac	52:17	395 234 Mike Kelly	V60 14	Didsbury Runners	54:58
3751137 Mark Wodrow	V50 42	Manchester Triathlon Club	52:31	396 208 Ian Sharpe	V45 68	Chorlton Runners	55:04
376 820 Robert Maidstone		Start2jog	52:33	397 513 Stewart Tennant	V55 30	Manchester Triathlon Club	55:28
377 439 Andrew Porter		Manchester Fronrunners	52:36	398 496 Alan Leonard	V45 69	Manchester Triathlon Club	55:28
3781016 Colin Rathbone	V75 1	Vale Royal Ac	52:43	3991116 Gary Myers	V40 65	Wilmslow Striders	55:37
379 451 Michael Cunningham	V70 4	Manchester Harriers & Ac		400 369 Edward Taylor	V50 45	Knutsford Tri Club	55:42
				401 70 Paul Cowell	V50 46	Bramhall Runners	56:18
380 415 Dominic Berry		Manchester Fronrunners	53:26	402 377 Robert Bailey	V50 47	Macclesfield Harriers & Ac	56:32
3812506\$Mark Gregory	V50 43	Unattached	53:27	403 814 Paul Berry		Start2jog	56:35
382 906 Andrew Dooley	V60 12	Styal Running Club	53:29	404 683 Roland Bowness	V70 5	Salford Harriers & AC	56:44
383 868 Peter Sinclair	V55 26	Stockport Harriers & Ac	53:37	405 61 Farouk Vawda	V50 48	Belle Vue Racers	56:46
384 541 Andrew Armstrong		Marple Runners	53:43	406 479 Matthew EvansSmith	V40 66	Manchester Triathlon Club	57:19
385 76 Mark Grundy	V55 27	Bramhall Runners	53:47	407 99 Mike Utting	V45 70	Bramhall Runners	57:22
3861012 Nick Mort	V55 28	Vale Royal Ac	53:48	408 583 John Hall	V70 6	Middleton Harriers Ac	57:33
387 920 Justin Coleman	V45 67	Swinton Running Club	53:51	4091151 Colm Mulhern	V40 67	Winston Runners	57:35
388 558 Alistair Jordan	V55 29	Marple Runners	53:53	4101154 Jordan Smith		Winston Runners	57:42
389 903 David Clark	V40 64	Styal Running Club	53:57	411 564 Andrew Lord	V55 31	Marple Runners	59:46
390 576 Mark Warner	V50 44	Marple Runners	54:01	412 574 Martin Townsend	V60 15	Marple Runners	59:56
391 548 David Cracknell		Marple Runners	54:27	413 542 John Bailey		Marple Runners	1:00:47
392 229 Callum Alderton		Didsbury Runners	54:29	414 821 Aaron Milne		Start2jog	1:02:25
393 591 Craig Sutherland	V60 13	Middleton Harriers Ac	54:41	4151008 Paul Hudson	V65 10	Vale Royal Ac	1:05:13
				416 823 Lee Pitts	V40 68	Start2jog	1:25:10

## Senior Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Salford Harriers & AC	70 — 2	Callum Rowlinson	3	Gemar Adam	9	David Rigby	10	Robert Smyk	20	Will Beauchamp	26	Bruno Lima
2 Sale Harriers Manchester	126 — 8	Will Onek	11	Nicholas Barry	17	Najib Hassan	23	Alex Bradford	33	Kenneth Hunt	34	Daniel Gray
3 Trafford Athletic Club	132 — 1	Jay Feins	16	Cynog Williams	18	Simon O'Meara	29	Gavin Tomlinson	32	Jeff Prest	36	Hary Sinclair
4 Horwich RMI Harriers	171 — 4	James Keavan	13	Phil Marsden	15	Joel Mercer	19	Nick Leigh	39	Alistair Murray	81	Jonathan Bruton
5 Altrincham & District Athletic	217 — 5	Andrew Norman	12	David Norman	25	Gareth Turner	28	Adam Gooch	73	Andy Pickford	74	Michael Beaks
6 University Of Manchester	283 — 6	Arlol Ludewick	22	Alex Sutton	58	Joseph Howe	61	Marcus Preedy	64	Hary Parker	72	Louis Wardle
7 Stockport Harriers & Ac	295 — 7	Jack Norris	30	Lucas Parker	40	Michael Cooke	50	Malcolm Johnson	71	Alec Francis	97	James Corden
8 Salford Harriers & AC 'B'	330 — 42	Mark Russell	44	James Kovacs	54	Philip Laybourne	57	Richard Brook	63	David Hudson	70	Derek Crewe
9 Sale Harriers Manchester 'B'	352 — 36	Shaun Gee	48	David Howlett	48	Chris Donnelly	65	Ibrahim Diallo	66	Sam Heyworth	76	Tom Gough
10 Chorlton Runners	391 — 41	FMacdonald Ouds	43	Will Fossard	46	Sam Mason	80	Jonathan Lancaster	89	Gary Scott	92	Patrick Goodrich
11 Trafford Athletic Club 'B'	442 — 45	Christopher Leigh	51	Jack Wilkinson	68	Darren Russell	75	Matthew Sutton	77	James Wall	126	Dan Atkinson
12 East Cheshire Harriers & Tames	532 — 24	Joseph Huckk	31	Gavin Browne	69	James Hartshome	125	Darren Smith	135	Callum Brierley	148	Ian Fraser
13 Sale Harriers Manchester 'C'	570 — 82	Richard Edwards	83	Dominic Jones	91	Matthew Oldham	94	Chris Tait	106	Olivier Gallémin	114	Rob Fairbanks
14 Salford Harriers & AC 'C'	574 — 85	Mark Collier	86	Paul Barnister	86	Michael Heaney	96	Mathew Dickinson	101	John Lloyd	116	Jack Luscombe
15 Stockport Harriers & Ac 'B'	664 — 99	Tom Peers	104	Ged Oudahy	111	Karl Taylor	112	Philip Burns	117	Ian Murdoch	121	David Hulley
16 Wilmslow Running Club	667 — 37	Robert Speake	84	Robert Jackson	95	Jim Pendrill	103	Bary Archbold	168	Trevor Morris	180	Nick Jackson
17 Macclesfield Harriers & Ac	737 — 59	Peter Goodfellow	78	Chris Goodfellow	115	Alex Wright	156	Robert Hasler	159	James Perry	170	Brian Whitlock
18 Altrincham & District Athl 'B'	838 — 93	Adam Hindmarch	113	Nick Bugler	128	Andrew Holloway	161	Richard Evans	164	Steven Renny	179	Sean Butler
19 Didsbury Runners	844 — 56	Steven Townley	130	Damien McHugh	143	Matthew Gittins	145	Mike Nobury	169	Martin Carolan	201	Colin Hill
20 Salford Harriers & AC 'D'	876 — 122	Charles Thomas	132	Paul Birkett	134	Grant Gunn Anderson	142	Shaun Chambers	172	Stanley Owen	174	Joseph Foster
21 Chorlton Runners 'B'	881 — 98	Oliver Bernstein	107	Bernie McCormack	136	Stephen Smith	173	Anthony Everitt	183	Colin Hines	184	Alexander Pigott
22 Sale Harriers Manchester 'D'	905 — 129	Nathan Ball	138	Paul Barrett	150	Mike Ashby	152	Duane Gaunt	165	Elton Davies	171	Conor Donaghy
23 Buxton AC	1000 — 55	Robert White	120	David Fyfe-Winder	160	Jonathan Sewell	195	Matt Hawin	212	Dave Soles	268	Mark Thorogood
24 Stockport Harriers & Ac 'C'	1035 — 133	Paul Brooks	153	Kevar Garner	163	Ged Mc Grah	178	Steve Shaughnessy	197	Bradley Freeman	211	Mike Shaw
25 Swinton Running Club	1062 — 53	Daniel Bird	127	Ian Cronshaw	155	Kevin Woodward	200	Steven Doney	235	Mathew Holland	291	Simon Lobas
26 Manchester Frontrunners	1127 — 49	Martin Dunn	105	Gregory Beck	157	Jono Guildford	260	Edmund Woodfield	271	Roberto Raso	285	Andrew Fergusson
27 Stockport Tri Club	1146 — 67	Carl Krystek	137	Llyr Hughes	139	Nick Chick	238	Andrew Vainwaing	266	Rob Heathcote	279	Martin Jones
28 Manchester Triathlon Club	1172 — 123	Andy Adkin	176	Murray Taylor	205	Peter Hulme	213	Joseph Brennan	223	Damian Aspin	232	Pete Smallwood
29 Goyt Valley Striders	1220 — 147	Paul Cakley	149	Nathan Porter	199	Pete Woodhead	226	James Hobson	234	Aidan Grant	265	Mark Ruston
30 Vale Royal Ac	1243 — 108	Gareth Williams	109	Lee Carrington	109	Darren Cottier	207	David Haines	274	Chris Beard	329	John Clarke
31 Bramhall Runners	1258 — 181	M/D Schoolmeester	193	Lo Li	198	Chris Trask	209	Simon Fennell	237	Damian Jones	240	Adam Bird
32 Belle Vue Racers	1332 — 87	John Haines	166	Vic Walsh	188	Thomas Rogas	191	Paul Minton	335	Phil Wilcoxon	365	Patrick O'Brien
33 Manchester Harriers & Ac	1354 — 144	Alex Masidlover	194	Chris Gwaink	238	Neil Ryan	244	Chris Stewart	261	David Dyer	273	Craig Turner
34 Sale Harriers Manchester 'E'	1384 — 175	David Marsh	228	Chris Green	233	Simon Latham	239	Michael Curley	245	Luke Townsend	264	Steven Gavin
35 Altrincham & District Athl 'C'	1442 — 190	James Pattison	215	Jonathan Hart	231	Nick Burke	241	Graham Harrison	243	Peter Pickwell	322	A Palon Crockett
36 Salford Metropolitan Ac	1450 — 124	Dougal McDermott	220	Grish Patel	263	Peter Brown	278	David Hughes	281	Michael Carney	284	Stuart Vairs
37 Wilmslow Running Club 'B'	1468 — 195	Jarrod Homer	219	Richard Harrison	247	Tim Billington	257	Richard Lawson	267	Andy Waits	282	Pete Stock
38 Marple Runners	1468 — 208	Darren Peatfield	210	Lars Bevanger	212	Richard Williams	253	S Farington Newman	292	Rob Stutchfield	293	Wayna Jones
39 St Helens Tri	1486 — 100	Robert Chesters	186	Kevin Dunbar	251	Mike Gregory	308	Lee Stinch	315	Peter Rawlinson	326	John Wilson
40 Stockport Harriers & Ac 'D'	1517 — 221	Rob Cawley	222	Paul Beckett	224	Stuart Watkins	242	Ian Mulligan	287	Stephen Brown	327	Ian Crabtree
41 Knutsford Tri Club	1517 — 52	Airan McCloskey	225	Jeff Fidler	225	John Keegan	305	Neil Duncombe	320	Jose Perez	360	Richard Brown
42 Glossopdale Harriers	1543 — 102	Steve Crossman	235	Peter Daly	254	David Chrystie-Lowe	288	Frank Fielding	316	Alex Critcher	338	Simon Toole
43 Bramhall Runners 'B'	1632 — 252	Myles Mason	255	Adam Brown	262	Frank Podd	276	Simon Gebbett	280	Mike Bary	306	Adam Potts
44 Middleton Harriers Ac	1635 — 118	Jordan Burke	167	John Weaver	229	Michael Griffin	328	Alan Garvey	389	Craig Sutherland	404	John Hall
45 Chorlton Runners 'C'	1668 — 230	Stephen Welch	249	Nick Syrett	288	Justin Hayes	294	Paul Brown	303	James Akiss	304	Neal Vainwright
46 Manchester Triathlon Club 'B'	1784 — 246	James Willard	269	Curtis Mansbridge	283	Stephen Pollard	297	Richard Tennant	317	Anthony McGuirk	372	Mark Votaw
47 Salford Metropolitan Ac 'B'	1942 — 286	Mark Shuttleworth	290	Paul Gee	309	Mike Race	340	Paul Ratan	360	Simon Bond	367	Andrew O'Connell
48 Start2jog	1966 — 185	Josiah Sherwood	187	Stuart Nock	187	Robert Vaidstone	399	Paul Bery	410	Aaron Milne	412	Lee Pitts
49 Manchester Frontrunners 'B'	2014 — 302	Peter Symonds	313	Vally Darren De	332	Paul Crowe	337	Chris Benn	366	James Fox	374	Andrew Porter
50 Bramhall Runners 'C'	2021 — 307	Steve Faidcough	324	Lee Jones	334	Richard Hall	339	Nick Heaton	365	John Temperley	362	Steve McGovern
51 Marple Runners 'B'	2193 — 344	Graham Murray	358	Nigel Tapp	361	Mark Lynch	366	Ian Galloway	380	Andrew Armstrong	384	Alistair Jordan
52 Marple Runners 'C'	2387 — 366	Mark Vamer	367	David Cracknell	367	David Shoesmith	407	Andrew Lord	408	Martin Townsend	409	John Bailey

## Senior Men (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Salford Harriers & AC	53	— 10 Mark Russell	11 James Kovacs	15 Philip Leybourne	17 Richard Brook
2 Horwich R M I Harriers	82	— 3 Nick Leigh	9 Alastair Murray	26 Andrew Lloyd	44 Marcus Taylor
3 Salford Harriers & AC 'B'	95	— 19 David Hudson	21 Derek Crewe	25 Mark Collier	30 Mathew Dickinson
4 Trafford Athletic Club	96	— 6 Jeff Prest	12 Christopher Leigh	20 Darren Russell	58 Dan Hill
5 Sale Harriers Manchester	106	— 18 Chris Donnelly	24 Richard Edwards	28 Matthew Oldham	36 Olivier Gaillemin
6 Stockport Harriers & Ac	120	— 14 Malcolm Johnson	31 James Corden	35 Ged Cudahy	40 Philip Burns
7 Altrincham & District Athletic	140	— 1 David Norman	22 Andy Pickford	48 Andrew Holloway	69 Richard Evans
8 Wilmslow Running Club	145	— 7 Peter Speake	29 Jim Pendrill	34 Barry Archbold	75 Trevor Morris
9 Stockport Harriers & Ac 'B'	202	— 43 Ian Murdoch	45 David Hulley	51 Paul Brooks	63 Kevan Garner
10 Salford Harriers & AC 'C'	215	— 32 John Lloyd	50 Paul Birkett	56 Shaun Chambers	77 Stanley Owen
11 Macclesfield Harriers & Ac	240	— 23 Chris Goodfellow	42 Alex Wright	76 Brian Whitlock	99 Richard Applewhite
12 Buxton AC	259	— 16 Robert White	68 Jonathan Sewell	85 Matt Hawtin	90 Dave Soles
13 Sale Harriers Manchester 'B'	283	— 41 Rob Fairbanks	61 Mike Ashby	73 Elton Davies	108 Chris Green
14 East Cheshire Harriers & Tames	312	— 47 Darren Smith	60 Ian Fraser	67 Dennis Thomas	138 Stephen Roberts
15 Chorlton Runners	339	— 27 Gary Scott	37 Ben McCormack	121 Nick Syrett	154 Justin Hayes
16 Bramhall Runners	347	— 81 M Deschoolmeester	84 Lok Li	87 Chris Trask	95 Simon Fennell
17 Stockport Harriers & Ac 'C'	349	— 71 Ged McGrath	78 Steve Shaughnessy	97 Mike Shaw	103 Rob Cawley
18 Vale Royal Ac	373	— 38 Gareth Williams	93 Darren Cottier	100 David Haines	142 Chris Beard
19 Altrincham & District Athl 'B'	376	— 72 Steven Renny	79 Sean Butler	110 Nick Burke	115 Graham Harrison
20 Manchester Triathlon Club	379	— 46 Andy Adkin	91 Peter Hulme	105 Damian Aspin	137 Curtis Mansbridge
21 Stockport Tri Club	380	— 52 Llyr Hughes	53 Nick Chick	128 Andrew Mainwaring	147 Martyn Jones
22 Wilmslow Running Club 'B'	386	— 80 Nick Jackson	86 Jarrod Homer	101 Richard Harrison	119 Tim Billington
23 Goyt Valley Striders	392	— 59 Paul Oakley	88 Pete Woodhead	111 Aidan Grant	134 Mark Ruston
24 Marple Runners	412	— 94 Darren Peatfield	96 Lars Bevanger	98 Richard Williams	124 S FarringtonNewman
25 Glossopdale Harriers	431	— 33 Steve Crossman	112 Peter Daly	125 David Chrystie-Lowe	161
		Frank Fielding			
26 Manchester Harriers & Ac	446	— 57 Alex Masidlover	118 Chris Sewart	130 David Dyer	141 Craig Turner
27 Stockport Harriers & Ac 'D'	479	— 104 Paul Beckett	106 Stuart Watkins	116 Ian Mulligan	153 Stephen Brown
28 Bramhall Runners 'B'	494	— 114 Adam Bird	123 Myles Mason	126 Adam Brown	131 Frank Podd
29 Salford Metropolitan Ac	531	— 102 Girish Patel	132 Peter Brown	146 David Hughes	151 Stuart Mairs
30 Swinton Running Club	534	— 65 Kevin Woodward	89 Steven Doxey	156 Simon Lobas	224 Justin Coleman
31 Manchester Frontrunners	553	— 66 Jono Guildford	139 Roberto Raso	164 Peter Symonds	184 Paul Crowe
32 St Helens Tri	600	— 82 Kevin Dunbar	168 Lee Stinch	172 Peter Rawlinson	178 John Wilson
33 Bramhall Runners 'C'	625	— 144 Simon Gebbett	148 Mike Barry	166 Adam Potts	167 Steve Fairclough
34 Sale Harriers Manchester 'C'	633	— 113 Michael Curley	133 Steven Gavin	182 Frank Cordingley	205 Timothy Rainey
35 Salford Metropolitan Ac 'B'	673	— 152 Mark Shuttleworth	155 Paul Gee	169 Mike Race	197 Simon Bond
36 Belle Vue Racers	711	— 74 Vic Walsh	187 Phil Wilcoxon	211 Patrick O'Brien	239 Farouk Wawda
37 Marple Runners 'B'	712	— 157 Rob Stutchfield	158 Wayne Jones	193 Graham Murray	204 Nigel Tapp
38 Knutsford Tri Club	724	— 107 Jeff Fidler	176 Jose Perez	206 Richard Brown	235 Edward Taylor
39 Chorlton Runners 'B'	746	— 165 James Atkiss	183 Francis Wooff	198 John Pye	200 Paul Adams
40 Bramhall Runners 'D'	755	— 177 Lee Jones	186 Richard Hall	190 Nick Heaton	202 John Temperley
41 Middleton Harriers Ac	759	— 109 Michael Griffin	180 Alan Garvey	228 Craig Sutherland	242 John Hall
42 Stockport Tri Club 'B'	771	— 160 Paul Adkins	196 Paul Plummer	201 Scott Armstrong	214 Brett Moore
43 Stockport Harriers & Ac 'E'	773	— 179 Paul Corner	185 Darren Donald	188 Robert Taylor	221 Peter Sinclair
44 Styal Running Club	781	— 140 Gary Tait	195 Barrie Powers	220 Andrew Dooley	226 David Clark
45 Manchester Triathlon Club 'B'	832	— 150 Stephen Pollard	217 Mark Wodrow	232 Stewart Tennant	233 Alan Leonard
46 Vale Royal Ac 'B'	868	— 181 John Clarke	218 Colin Rathbone	223 Nick Mort	246 Paul Hudson
47 Marple Runners 'C'	871	— 207 Mark Lynch	212 Ian Galloway	225 Alistair Jordan	227 Mark Warner
48 Bramhall Runners 'E'	907	— 208 Steve McGovern	222 Mark Grundy	236 Paul Cowell	241 Mike Utting

